Women's work

The story of veterans who helped make bombs in the Second World War is just starting to be told PAGES 24 & 25

BURE BLAZES TRAIL

THE RUSSIAN ROCKET WILL BE THE FIRST PLAYER INDUCTED INTO THE HOCKEY HALL OF FAME AS A CANUCK ON MONDAY PAGE 51

VANCOUVER metro®

WEEKEND, November 9-12, 2012

News worth sharing.

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Injured vets demand more

Compensation fight. Troops regarded as 'liability' by Ottawa, claims Surrey father of wounded soldier

MATT KIELTYKA
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While the country prepares to pay tribute to fallen soldiers on Remembrance Day, injured veterans are still waging war over compensation.

Veterans — some vowing to symbolically leave their war medal at home during Nov. 11 ceremonies — held a protest in Ottawa Thursday in support of a class-action lawsuit recently launched in B.C., which argues 2006's New Veterans Charter short-changes soldiers injured during their service in Afghanistan.

Surrey resident Jim Scott started the Equitas Society and laid the groundwork for the lawsuit when his 26-year-old son, Dan, was seriously injured during a claymore mine demonstration gone wrong two years ago.

The soldier next to him was killed, while Dan suffered a collapsed lung and broken ribs as shrapnel ripped into his body.

To save his life, medics removed his pancreas, spleen and a kidney — resulting in long-term health and employment consequences.

All he received for compensation was a one-time payment of $41,000.

"That's a disproportionately low sum compared to what someone would get through private insurance," Scott said of his son's ordeal. "I can't believe we got to this point. You'd think as a society that injured soldiers returning from Afghanistan would be taken care of."

Instead of coming back as heroes, Scott argues bureaucracy, red tape and the New Veterans Charter make injured troops "come back as a liability."

That's how 37-year-old Gavin Flett, one of the six plaintiffs in the lawsuit, says he feels.

He received a lump sum of $13,500 for a broken femur and shattered ankle sustained in an accident while clearing brush in Afghanistan in 2008.

"I didn't think it was adequate or in balance with the nature of the injuries," the Vancouver resident said.

Flett fully expected to be taken care of in the event of an injury and was even reassured by Veterans Affairs after his accident.

"It's not so much the risk we took on (as soldiers). It's our ability to carry on our lives," he said. "I'm precluded from numerous jobs that I would have been able to do before."

Flett now studies at BCIT and has started a company called Emerald Sphere Consulting to help people with hearing impairments.

Scott says he's heartened by the support veterans are prepared to show in ceremonies across the country Sunday.

"We don't want to take the focus off those who have fallen (on Remembrance Day). They come first, our hearts are with them," said Scott. "Our second priority is caring for our disabled veterans."

The class-action lawsuit — filed pro-bono by Miller Thomson LLP lawyer Donald Sorochan in B.C. Supreme Court Oct. 30 — should be certified by the court in early 2013.

MORE COVERAGE, PAGE 27

Quoted

"I can't believe we got to this point. You'd think as a society that injured soldiers returning from Afghanistan would be taken care of."

Jim Scott, father of wounded Afghan veteran Dan Scott

Canadian soldier Dan Scott is attended to by a U.S. nurse after being wounded during a claymore mine demonstration in Afghanistan in 2010. CONTRIBUTED/MICHAEL YON

No Metro on Monday

Metro will not be publishing for the Remembrance Day holiday. Look for us again on Tuesday

Go East

Beef stir-fry and Thai red-curry chicken bring the flavours of Asia to your table PAGE 49

There's something about Liz ...

The Reel Guys pick their favourite Elizabeth Taylor silver-screen moments PAGE 33

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Captain Canuck cab driver cruises city in electric car

Follow that cab. It could be Trevor Linden, as auto group seeks to educate public on use of electric vehicles

PHYLICIA TORREVILLAS
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Former Vancouver Canucks captain Trevor Linden doffed his helmet and played cab driver on Thursday, giving unsuspecting people free rides to promote BCAA's electric-vehicle initiative.

Linden never thought he'd be driving a taxi, and was pleasantly surprised to learn his navigation skills as a cabbie were "pretty darn good."

The first-time user of an electric car said he would consider buying one now that he's seen how it works.

"The thing that's been most impressive for me is after you start the vehicle up, you don't hear a sound. You kind of think that's unique or odd, but after that it's just like driving a regular car," he said. "There's no difference. It's quite impressive."

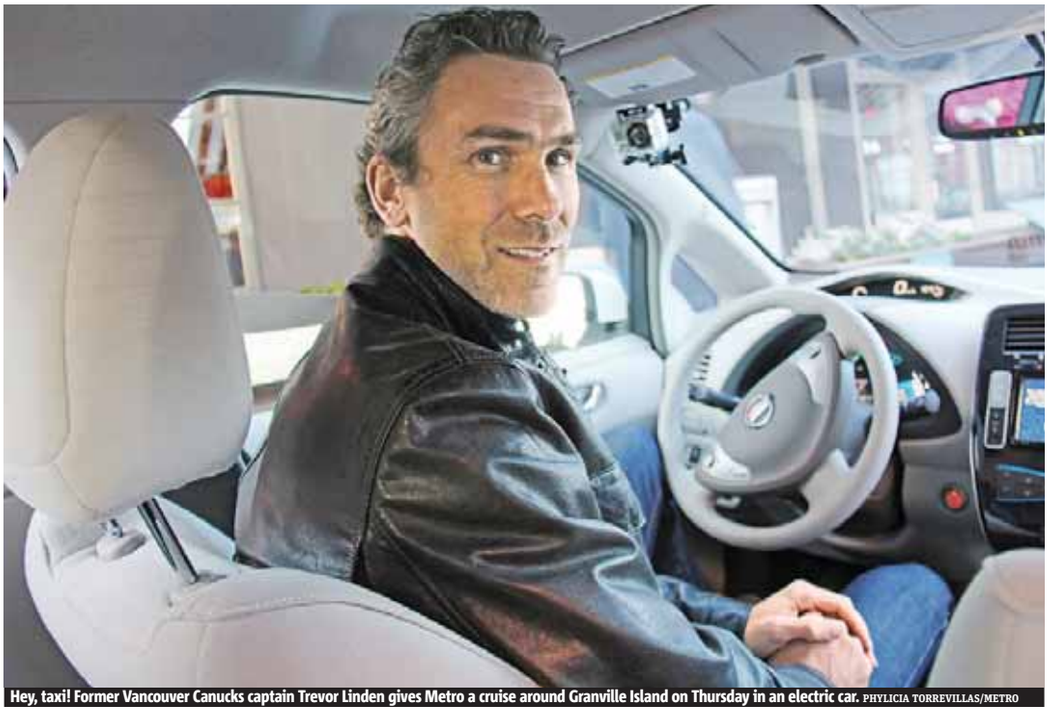
Ken Cousin, associate vice-president of Road Assist, a program run by the British Columbia Automobile Association, said the initiative is a way to educate their members and the rest of the public on electric-vehicle viability and use.

BCAA has added two electric vehicles — one into its roadside-assistance fleet and another for an employee car-share program — and is training its roadside-assistance drivers in EV technology and safety to keep up with the new vehicles.

It costs $2 to recharge an electric vehicle, Cousin added, and it can travel for 150 kilometres per charge.

Linden said his first passenger was confused when he realized who his cabbie was.

"After he got over the shock of me picking him up, then it was all about just talking about the car," he added. "He actually didn't realize it was an electric vehicle until I told him."



Hey, taxi! Former Vancouver Canucks captain Trevor Linden gives Metro a cruise around Granville Island on Thursday in an electric car. PHYLICIA TORREVILLAS/METRO

Sam Sullivan, shown on Georgia Street during the Santa Claus Parade in December 2008, says he was talked into running for the B.C. Liberals by people in his riding. JEFF HODSON/METRO FILE

Ex-mayor Sullivan seeking Liberal nomination in Vancouver–False Creek

Former Vancouver mayor Sam Sullivan will seek the B.C. Liberal nomination for Vancouver–False Creek.

The renowned quadriplegic advocate for the disabled was elected as a city councillor in 1993 for the Non-Partisan Association, and then became mayor in 2005. Three years later, he was ousted by Peter Ladner as the NPA's mayoral candidate, but Ladner lost his bid to become mayor to Gregor Robertson.

Sullivan is running to replace Liberal MLA Mary MacNeil, who is not seeking re-election. He told Metro he was hesitant to get back into politics after his four-year hiatus, but was convinced by several people in his riding.

"I love my life the way it is, to tell you the truth," he said. "I love the global civic-policy things that I'm doing. I do the public salons, I do the Greeting Fluency Initiative and the Vancouver Urban Forum.

"I said no for a couple of months, and then somebody sat down with me at lunch and said, 'You know, this really is not a conflict with provincial politics. In fact, it's a compliment.'"

Sullivan said his political priorities include creating an environment for healthy cities, and fostering multiculturalism and inclusiveness.

Former Vancouver–False Creek MLA Lorne Mayencourt is also considering seeking the Liberal nomination, but has not announced whether he will go up against Sullivan.

Matt Toner and Vancouver Park Board commissioner Constance Barnes are both vying for the NDP nomination in the riding. That decision will be made on Nov. 17.

KATE WEBB/METRO

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Imagine, your own place! Housing brings bliss

Sanford Apartments. Seventh completed supportive-housing development

Sixty-two people who are at risk of homelessness will have a roof over their heads as new supportive-housing officially opened Thursday.

Anthony Coyle, one of the residents at the $22.3-million Sanford Apartments at the corner of West 7th Avenue and Fir Street, said living on his own was "realization of a dream" he never knew he really had.

"The sheer peace of mind I get from living in my own place is astounding," he added.

In addition to the units, the new nine-storey tower includes a community-resource centre with a games and arts room, library, social lounges, dining room and kitchen.

"Once you have a roof over your head, it's much easier to make sure you're getting three meals a day, you're working on dealing with an addiction or a mental illness if those are some of the challenges you face," Premier Christy Clark said Thursday.

Coyle said moving into his new home also gave him a chance to reconnect with his father.

"My dad was actually able to stay with me for a few weeks, something we've been trying to arrange for a year, since we've been estranged for seven years," he added.

PHYLICIA TORREVILLAS/METRO

It's awesome

"I can have friends over whenever I want and I'm the one who determines what chores I do."

Anthony Coyle, one of the residents at the new $22.3-million Sanford Apartments

Anthony Coyle, a resident at Sanford Apartments, looks on as Premier Christy Clark and Mayor Gregor Robertson chat at the housing unit. PHYLICIA TORREVILLAS/METRO

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Lulu Island. Casino standoff ends with man shot, taken to hospital

An armed standoff at a Metro Vancouver casino has ended with the gunman being shot by police and taken to hospital.

The man suffered a serious injury according to the Independent Investigations Office, which has taken over the investigation into the shooting.

The standoff outside the Starlight Casino on Lulu Island in New Westminster began early Thursday morning when a man with a gun was spotted in the casino parking lot.

Patrons of the casino were ordered to remain in the building while police cordoned off the area and tried to negotiate with the man before he was shot.

During the standoff, police closed the Queensborough Bridge between New Westminster and the island, spawning traffic jams. THE CANADIAN PRESS

'Scram! It's the fuzz!' Reddit user looking to buy pot busted by cheeky cop

A Victoria police spokesperson got a taste of online celebrity Thursday when he sparked a discussion about marijuana on Reddit.

When Const. Mike Russell saw someone on the VictoriaBC subreddit asking where to buy pot at the University of Victoria, he saw an opportunity.

"I thought it was pertinent to chime in and remind them that the cops are kind of everywhere," he said.

Using the handle VicPDCanada, Russell announced himself with a simple "cough."

"Scram! It's the Fuzz!" replied one user, and the conversation took off from there. The thread quickly made it to the front page of the popular site, and had nearly 1,000 comments and 700 up-votes before 1 p.m.

"I should get a badge of honour," Russell joked.

LUKE SIMCOE/METRO VICTORIA

Kamloops

Man not criminally responsible for father's murder

A judge in Kamloops has ruled a 19-year-old man who bludgeoned his father to death with a fireplace tool is not criminally responsible because of a mental disorder.

Joshua Isaac Steel killed his father Phil in September of 2011, and will now be returned to the forensic psychiatric hospital in Port Coquitlam. The court heard how Steel suffered from schizophrenia and depression, but his family says he didn't get the treatment he really needed.

CFJC/CHNL/METRO

Human rights

Landlord fined $10K for sexual discrimination

A B.C. woman who claimed she was sexually harassed by her landlord has won a court ruling that says the harassment was a form of sexual discrimination.

The B.C. Court of Appeal has upheld the complaint made by Noemi MacGarvie and reinstated a $10,000 penalty first imposed by the B.C. Human Rights Tribunal on the landlord, John Friedmann.

MacGarvie accused Friedman of harassing her both verbally and in a physically sexual manner.

THE CANADIAN PRESS

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Performances honouring everyday heroes

Fuse. Latest party at VAG inspired by the work of Ian Wallace

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The Vancouver Art Gallery is never more abuzz with young, urban revelry than during its thrice-a-year rager, Fuse, which returns this Friday night to pay homage to the heroes who walk among us.

Photo-conceptualist Ian Wallace's seminal work on display at the gallery, My Heroes in the Streets, is the inspiration behind all the performances lined up, including dance, music and interactive art.

Organizer Vanessa Kwan said the licensed late-night party tends to draw 1,500 to 2,500 people in their 20s to mid-30s, who were just tots or twinkles in their parents' eyes when Wallace's 10-piece Heroes portfolio was commissioned in 1986.

Quoted

"The street is the site — metaphorically as well as in actuality — of all the forces of society and economics imploded upon the individual, who, moving within the dense 'forest of symbols' of the modern city, can achieve the status of the 'heroic.'"

Photo-conceptualist Ian Wallace

"He was thinking a lot about everyday heroes and placing people who he found to be heroic in the street, so it's kind of juxtaposing what we believe is heroic and then maybe what he believes is heroic," said Kwan.

Attendees also get to explore two other exhibitions: Traffic: Conceptual Art in Canada 1965-1980, as well as a sneak preview of Hope at Dawn, a collection of watercolours by Emily Carr and John Collings, which doesn't officially open until Saturday.

Performers include professional contemporary dancer Justine Chambers, dance duo MACHiNENOiSY, performance collective COaT (Centre of a Tangle), and indie rock band In Medias Res. There will also be a DJ spinning in the drinks lounge.

The adults-only event runs from 8 p.m. to 1 a.m. Admission is $17.50 for adults and free for gallery members. Tickets can be purchased in advance online at vanartgallery.bc.ca/events_and_programs/fuse.html, or at the door.

Doors at the Vancouver Art Gallery's eclectic adults-only party open at 8 p.m. Friday night. CONTRIBUTED/VAG

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Syncrude app takes kids on tour of oil sands

'Über-cool' sands.
Critics label the iPhone game as propaganda

KATE WEBB
kate.webb@metronews.ca

If you were worried kids are growing up not knowing how rad the oil sands are, take a breath, dude — Syncrude's totally got an app for that.

Canada's largest oilsands producer has released an iPhone game for kids featuring what they call an "über-cool" wood-bison mascot that snowboards, bikes and hang-glides around Fort McMurray.

"Trail Blazer is a fun and challenging way for kids to learn about the community in which we live and work, and our industry-leading approach to responsible oil sands development," says a statement from the company.

The wood bison jumps and flies around, collecting coins and dodging obstacles. At the end of each level a fun fact pops up about Syncrude, such as:

- Wood Buffalo Region air quality is better than many major cities in North America.
- Syncrude is recognized as one of the top 55 employers in Alberta.
- Syncrude has planted over 5.8 million trees and shrubs.
- Have you heard? Syncrude has the only research facility in the oilsands industry.

The last point isn't exactly accurate, as both Shell and Imperial Oil also have facilities in Alberta that conduct research on the oilsands.

The app doesn't mention First Nations, but says Syncrude is investing $1 billion in environmental projects this year.

An "über-cool" new wood-bison mascot has lots of fun facts about Syncrude.
SCREENGRAB/SYNCRUDE

Species at Risk. Province to protect 90 per cent of northern caribou habitat

The B.C. government is promising to protect 90 per cent of the winter habitat for the northern Caribou, which are considered threatened under the federal Species at Risk legislation.

Environment Minister Terry Lake says caribou populations are declining, mostly because of wolves and other predators.

He says that, without action, the number of caribou in the south Peace region could fall from the current 1,100 to 800 over the next 21 years.

The plan includes giving protected status to about 400,000 hectares of high-elevation winter caribou habitat across the area while still allowing some resource development.

THE CANADIAN PRESS

BC Rail. Clark ready to 'put a fork' in conflict-of-interest allegations

Premier Christy Clark says she's ready to "put a fork" in any allegations that she was involved in the provincial government's controversial sale of BC Rail.

Clark says she'll co-operate fully with B.C. Conflict of Interest Commissioner Paul Fraser if he launches an investigation into her connection to the privatization of the former Crown-owned agency.

The premier says she's glad the issue has been put before Fraser because she wants to finally settle questions that have been dogging her nine years after it first arose.

Independent MLA John van Dongen requested the probe this week after compiling vast documentation around the sale of the railway.

He wants the commissioner to examine Clark's actions in the summer and fall of 2003.

THE CANADIAN PRESS

Sexual assault

Convicted former Scout leader gets new trial

A new trial has been ordered for a former B.C. Scout leader who was convicted of sexually assaulting two boys in the late 1980's and early 1990's.

John Gabriel Viszlai was found guilty in his original trial, which followed his arrest at a scout jamboree near Sechelt.

But B.C. Appeal Court Justice David Frankel says the conviction can't stand because of the instructions the trial judge gave the jury about evidence concerning an apology Viszlai made to the boys. THE CANADIAN PRESS

Serious burns

Man arrested for arson, brother in hospital

A 34-year-old man is under arrest for arson in Abbotsford while his 31-year-old brother is in hospital with serious burns.

Police were called after rescue crews pulled a man from a burning motorhome last night.

Witnesses reported that just before emergency crews arrived, they watched the victim's brother take off in a vehicle.

Mission RCMP arrested the older brother a few hours later; police say arson charges are being recommended. THE CANADIAN PRESS

Crowd honours aboriginal vets

Saluting great sacrifices. Chinese-Canadian veterans welcomed in march in display of unity for the discriminated

EMILY JACKSON
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As drummers played a warrior song, aboriginal and Chinese-Canadian veterans stood shoulder-to-shoulder to remember those with whom they fought side by side.

More than 100 people attended the Aboriginal Veterans Day ceremony at Vancouver's Victory Square Thursday to honour and thank the First Nations people that served and sacrificed their lives for Canada since the 18th century.

"We've been fighting for Canada since the 1700s," said Cpl. David Ward, 61, from the Cree First Nation in Alberta. "Whenever they needed us, we were there when we didn't have to go."

Ward served with the UN Peacekeeping forces in Cypress and Egypt in the 1970s and was honoured to stand with his fellow veterans at the celebration. He used to look up to veterans, and now he sees children looking up to him.

In a show of friendship and unity for the discrimination faced, Chinese-Canadian veterans stood ground with aboriginal veterans who fought in the Korean War, UN peacekeeping missions and Afghanistan.

Representatives from the Royal Canadian Legion, the Vancouver police, the RCMP and the missing women of the Downtown Eastside spoke about the veterans' sacrifices, with some calling for more government support.

"It's concerning that we have veterans that don't get the help and support they need," MP Libby Davies said.

Harriet Prince knows all too well how little support some soldiers receive. She attended in honour of her uncle, highly decorated soldier Tommy Prince, who served in the Second World War and the Korean War.

When Prince returned from war, he struggled with discrimination, couldn't find a job and suffered from alcoholism, his niece said.

It's important to show respect for our veterans and be thankful for what they did, Prince said.

Veterans march through the Downtown Eastside to a National Aboriginal Veterans Day ceremony at the Victory Square Cenotaph in Vancouver on Thursday.
DARRYL DYCK/THE CANADIAN PRESS

Nov. 11

Remembrance Day events in Vancouver:

- **Cauldron lighting —** Jack Poole Plaza, Vancouver Convention Centre, 8 a.m.
- **Vancouver's main Remembrance Day Ceremony and Parade —** Victory Square, West Hastings Street and Cambie St., 10 a.m.

Other Remembrance Day observances:

- **Memorial South Park —** Near main entrance on 41st Avenue at Windsor St., 10:30 a.m.
- **Grandview Park —** 1657 Charles Street. at Commercial Drive, 10:45 a.m.
- **Japanese Canadian War Memorial —** Near Stanley Park Pavilion, 10:40 a.m.

Vancouver pushing for oil-pipeline operator to up liability

Oil and water don't mix, at least as far as the City of Vancouver is concerned.

As Kinder Morgan launches a series of information sessions in the Metro Vancouver area about the proposed expansion of its Trans Mountain pipeline, city officials are exploring whether Vancouver can force the Texas-based company to increase its liability coverage in kind.

Vancouver Mayor Gregor Robertson, whose council has voted to oppose the expansion, said the city will be directly affected by any oil spill and staff are working on a bylaw that will ensure the company has enough liability insurance to cover costs in a worst-case scenario.

"We're seeing taxpayer impact from the spill in Alaska, the Exxon Valdez. We're seeing that impact in the Gulf oil spill. We don't ever want to see that in Vancouver," Robertson said Wednesday.

Demanding liability coverage over and above the $1.3 billion the company currently has access to is an extra measure of accountability, he said.

"That can't be on the back of the city. That's part of our overall concern with having a pipeline tripled and oil tankers coming through our harbour and putting our city at risk."

Future timeline

Kinder Morgan has not yet applied to the federal energy board for the overall expansion project and doesn't anticipate doing so until late 2013.

- The city hopes to have that bylaw in place by the end of the year.

The proposal by Kinder Morgan to see the existing pipeline from Alberta to Metro Vancouver twinned has gone largely unnoticed as public debate has focused intensely on the Northern Gateway pipeline proposed by Calgary-based Enbridge through northern B.C.

But the National Energy Board will hold a public hearing early next year on Kinder Morgan's toll application — the first step toward regulatory approval of the expansion.

The Tsleil-Waututh Nation, an aboriginal band with about 500 members on the shores of Burrard Inlet, has refused to take part in any information meetings organized by Kinder Morgan but has encouraged other members of the public to appear and voice their discontent. The turnout at the meetings so far has been light.

"The Nation has experienced the results of crude oil handling and refining on Burrard Inlet for a number of decades. The risks associated with the pipeline expansion are just too great for its people to accept," the band said in a statement Wednesday demanding the federal government consult them on the project. THE CANADIAN PRESS

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Nor'easter brings new misery to U.S. East Coast after Sandy

Still in the dark. More than a foot of snow falls on parts of New Jersey, causing further power outages

The New York-New Jersey region woke up to wet snow, hundreds of cancelled flights and more power outages Thursday after a new storm pushed back efforts to recover from a superstorm that left millions powerless and dozens dead last week.

Gov. Andrew Cuomo said losses from Superstorm Sandy in New York state could total $33 billion.

The new storm did not bring a second wave of flooding that some had feared.

"We lost power last week, just got it back for a day or two, and now we lost it again," said John Monticello of Point Pleasant Beach, New Jersey. "Every day it's the same now: Turn on the gas burner for heat. Instant coffee. Use the iPad to find out what's going on in the rest of the world."

But the new storm didn't appear to rouse exhausted residents of the country's most densely populated region to a new chorus of complaints. Except, perhaps, on this week's presidential election.

Valdimir Repnin emerged Thursday morning from his powerless Staten Island home with a snow shovel in his hand, and a question: "Who won? Obama?" he asked.

The region's greatest challenge remains finding emergency housing for tens of thousands of people, in some cases for the long term.

"We are going to have to look at a ground-up redesign," Cuomo said of the power and fuel supply systems. "With power outages, you paralyze the nation, and chaos ensues." THE ASSOCIATED PRESS

A U.S. marine from the 8th Engineer Support Battallon out of Camp Lejeune, N.C., carries a hose to pump out floodwater from a street after a nor'easter, Thursday, in the Queens borough of New York City. The region's greatest challenge remains finding emergency housing for tens of thousands. MARIO TAMA/GETTY IMAGES

Liberals rejoice at notion that new America is upon them

Seattle revellers celebrate early election returns favouring Washington state Referendum 74, which legalized gay marriage. THE ASSOCIATED PRESS

The United States has long been considered among the most conservative countries in the Western world, particularly when it comes to the importance of religion to its citizens and the distaste for the type of social safety net Canadians and Europeans so cherish.

But with the re-election of President Barack Obama this week on the overwhelming support of women, minorities, gays and young Americans, progressives are declaring the dawning of a liberal America.

Same-sex marriage is now the law in several states. A movement towards the decriminalization of marijuana is on the horizon. Wisconsin elected Tammy Baldwin to the U.S. Senate, the first openly gay member of the chamber.

Progress

"This election was very clearly a demand not to turn the clock back."

Douglas Brinkley, professor at Rice University

Groups that voted in droves for Obama are swelling in numbers — Hispanics and Asian-Americans, in particular.

In 2011, minority births surpassed white births for the first time in the United States, and white men are now a dwindling minority. Indeed, by 2042, the majority of Americans won't be white.

Tuesday polls suggested a historic number of Americans who describe themselves as liberal. THE CANADIAN PRESS

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WEST VANCOUVER
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In this Tuesday photo, a Syrian rebel stands in the ruins of a private house, destroyed by shelling and fighting, in the Old City of Aleppo, Syria, now controlled by the Free Syrian Army. MONICA PRIETO/THE ASSOCIATED PRESS

Assad will 'live and die' in Syria

Civil war. Appearing in a rare interview, the Syrian president vows he won't be forced into exile and will die in his homeland

The bravado sounded familiar. Like the leaders of other countries swept away by Arab Spring uprisings, Syrian President Bashar Assad vowed to never be forced into exile and to die in his homeland.

Assad dug in his heels even as world powers move to boost the opposition in Syria's civil war — the latest turn in a nearly 20-month-old crisis.

"I am not a puppet, I was not made by the West for me to go to the West or any other country," Assad said in an interview with Russia Today, which posted excerpts Thursday on its website. "I am Syrian, I am made in Syria, and I will live and die in Syria."

The rare interview — in which the 47-year-old president spoke in English with his words translated into Arabic — was posted online two days after British Prime Minister David Cameron suggested that Assad could be allowed safe passage out of Syria if that would guarantee an end to the civil war.

THE ASSOCIATED PRESS

Quoted

"I am Syrian, I am made in Syria, and I will live and die in Syria."

Syrian President Bashar Assad in an interview with Russia Today

Draft. Palestinians take first step to raise UN status to non-member observer state

Palestinians took the first step toward raising their status at the United Nations from an observer to a nonmember observer state Thursday by circulating a draft resolution to the 193 UN member states and asking for their support.

The Palestinian observer mission said no decision has been made on when to submit the draft resolution to the UN General Assembly for a vote. Arab League foreign ministers are expected to discuss the draft and the timing of its submission at a meeting in Cairo on Nov. 12-13, a Palestinian diplomat said, speaking on condition of anonymity because he was not authorized to speak publicly.

A letter from the observer mission accompanying the draft resolution asks UN members to support "the enhancement of the status of Palestine in the United Nations General Assembly to be considered by the assembly at a date to be announced in the near future."

There are no vetoes in the General Assembly and the resolution is almost certain to be approved by the world body which is dominated by countries sympathetic to the Palestinian cause.

THE ASSOCIATED PRESS

United Nations

The draft resolution being circulated by the Palestinians would bring change.

- **Status.** Approval of the resolution would elevate the Palestinians to the same status as the Vatican.
- **Draft.** The draft resolution states that to date, 132 nations have recognized "the State of Palestine."

Israeli military. Explosive-filled tunnel explodes on Israel-Gaza border

A large, explosive-filled tunnel blew up near soldiers on the Gaza-Israel fence late Thursday, an Israeli military spokeswoman said shortly after the incident.

The explosive-filled tunnel was intended to kill, or to try to kidnap soldiers and was one the largest that Israeli forces had seen in years, said Lt. Col. Avital Leibovich in a late-night call with reporters.

"We definitely see it as a very severe event. The amount of explosives were very big," Leibovich said. "A kidnapping attempt is a possibility. Killing soldiers is a possibility."

She said one soldier was lightly wounded and a military vehicle was blown away some 20 metres. The spokeswoman said military officials would convene Friday to discuss their response. THE ASSOCIATED PRESS

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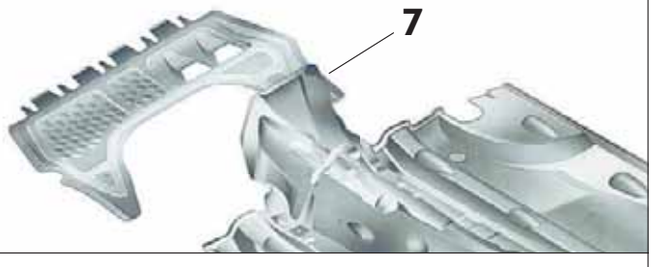

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Blacklist aims to deter phone theft

Database. Smartphones to go on an electronic list in Canada in a move to stop thieves, protect your personal data

Canada's wireless carriers are targeting smartphone theft by setting up a database that will blacklist lost or stolen phones to prevent them from being reactivated.

The move would also help protect personal data on such devices, the Canadian Wireless Telecommunications Association said Thursday.

Smartphones are worth $600 to $700 and can be resold on the black market, noted association president Bernard Lord.

"With this database, it makes that a lot less attractive because the buyer of the stolen phone will not be able to connect to any network in Canada," Lord said from Ottawa.

"It eliminates the incentive for stealing a device."

The idea is also to reduce the black market value of a smartphone in the eyes of criminals, Lord added.

Once consumers call their wireless carrier to report their smartphone lost or stolen, the device's internal identification number goes on the electronic blacklist.

Lord said even though more smartphones are lost than stolen, law enforcement officials have raised concerns about the issue.

The database for the Canadian wireless industry will be up and running by September 2013 and Canada's carriers will also be contributing to an international database to help prevent smartphone theft, he said.

Canadian wireless carriers are combatting theft with a stolen phone database. MARIO TAMA/GETTY IMAGES FILE

However, consumers who have their smartphones lost or stolen are "not off the hook" for paying their smartphone contracts.

A website will also be set up by the association to help consumers protect their smartphone data and help protect themselves from theft.

THE CANADIAN PRESS

Museum. Forgotten fossilized horn leads to new dinosaur discovery

A piece of a fossilized reptilian horn that sat in an Ottawa museum for decades has led to the discovery of a new dinosaur species the size of a rhinoceros that roamed Alberta 80 million years ago.

Pieces of skulls from the recently named Xenoceratops were originally dug up from rocky sediments in southern Alberta in 1958.

However, a pair of paleontologists rediscovered the bones a decade ago and gradually pieced together the sweeping neck plate of the four-footed, horn-headed giant.

THE CANADIAN PRESS

A model of a Xenoceratops dinosaur is shown in a handout photo. JULIUS CSOTONYI/THE CANADIAN PRESS

Twitter

Pope to join the tweeting masses

Celebrities do it. Presidents do it. Now even the Pope will do it.

The Vatican spokesman said Thursday that Pope Benedict XVI will start tweeting from a personal Twitter account, perhaps before the end of the year.

The 85-year-old Benedict sent his first tweet from a Vatican account last year when he launched the Vatican's news information portal.

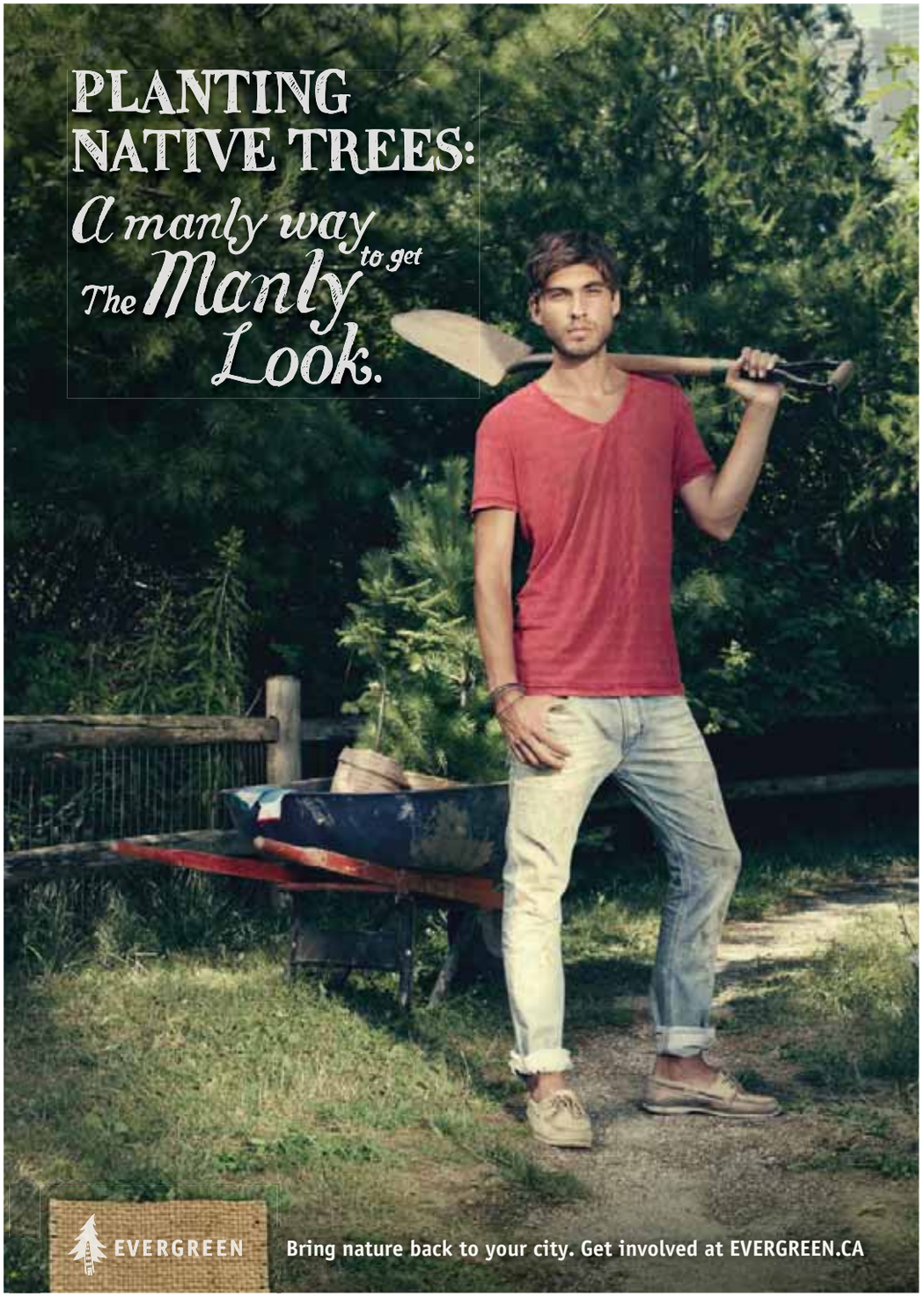
Benedict, who writes longhand and doesn't normally use a computer, will likely sign off on tweets written in his name.

THE ASSOCIATED PRESS

Drugs

Generic Viagra coming to Canada

Canada's market for generic erectile dysfunction drugs was thrown open for business Thursday after the Supreme Court of Canada invalidated the Viagra patent held by Pfizer. THE CANADIAN PRESS



Aftershocks feared as death toll in Guatemala quake tops 50

7.4 magnitude.
Quake caused terror over a wide area; damage reported in all but one of the country's 22 states

Guatemalans huddled in the cold streets of an earthquake-ravaged town without communications or power on Thursday, one day after the worst temblor since 1976 shook nearly the entire country, killing at least 52 people and leaving another 22 people missing.

President Otto Perez Molina said the powerful 7.4-magnitude quake that hit Wednesday morning off the Pacific coast affected as many as 1.2 million people. He said a little more than 700 people were in shelters, with most opting to stay with family or friends.

The president said there had been 70 aftershocks in the first 24 hours after the quake, some as strong as magnitude 4.9.

Damaged homes will be among the biggest problems the country will face in the coming days, Perez added.

Guatemalans fearing aftershocks huddled in the streets of the mountain town of San Marcos, the most affected area, where at least 40 people died. It was the strongest earthquake to hit Guatemala since a 1976 temblor that killed 23,000. The quake centred off the town of Champerico.

THE ASSOCIATED PRESS

Danger zone

"They have no drinking water, no electricity, no communication and are in danger of experiencing more aftershocks."
President Otto Perez Molina
speaking at a news conference

Rescue workers carry away the body of a person found buried in San Marcos, Guatemala, Thursday. ALEX CRUZ/EL PERIODICO DE GUATEMALA/THE ASSOCIATED PRESS

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Two men and a baby (penguin)

Chick it out.
'Extraordinary' gay pair manage to co-coax abandoned egg into existence

The penguins have been called natural parents. ODENSE ZOO/TORSTAR NEWS SERVICE

In an apparent world first, the newest chick in a Danish zoo's King penguin colony has two dads.

"This year has been extraordinary," zoologist Nina Christensen told Torstar News Service on Thursday.

Odense Zoo keepers realized two of their male King penguins were a couple about a year ago, she said. Then they noticed the gay penguins would try to "disturb the other pairs and steal their eggs."

So far, not too odd. Penguins and swans in the wild do the same thing.

In brooding season, though, the gay penguins took to trying to incubate dead herring. Penguins, males and females in turn, incubate eggs by standing on them.

"The keepers realized they seriously wanted to stay with an egg."

As fortune would have it, a female penguin started acting oddly as well. She'd already delivered an egg with one male then dumped him and produced another with a different, already mated, male. Then she dumped him and abandoned the egg.

In the lifetime monogamy of the King penguin world, this was "extraordinary," said Christensen.

"Now we have an extra egg and this pair that have been standing with fishes."

The keepers tested the gay penguins' parenting skills on a ball, then tried them with the abandoned egg. They were, said Christensen, natural parents.

"With King penguins, they mix it between the male and female. One stands with the egg while the other goes to feed and then they shift. It was the same with this pair. They both incubated the egg."

The chick hatched about a month ago and the new little family remains separated from the colony while they bond but will soon rejoin them.

TORSTAR NEWS SERVICE

Splashing toward success

Claudia Fernandez celebrates as she crosses the finish line during a Walk on Water event at Florida International University in Miami, Thursday. Students at FIU walked on water wearing special shoes they built as part of a class assignment. The students had to make it to the other side of a 175-foot lake on campus while wearing the aquatic shoes in order to get an 'A' on the assignment. ALAN DIAZ/THE ASSOCIATED PRESS

Macedonia

We want you... if you're a genius

Macedonia's health minister is looking for assistants — but they have to be certified geniuses. Nikola Todorov's ministry announced Thursday that it needs seven to 10 advisers, to consult once or twice a month for a daily fee of 3,000 to 5,000 denars ($50-80, $64-100).The announcement said successful candidates must possess an IQ score of at least 140, certified by the Mensa International IQ society.

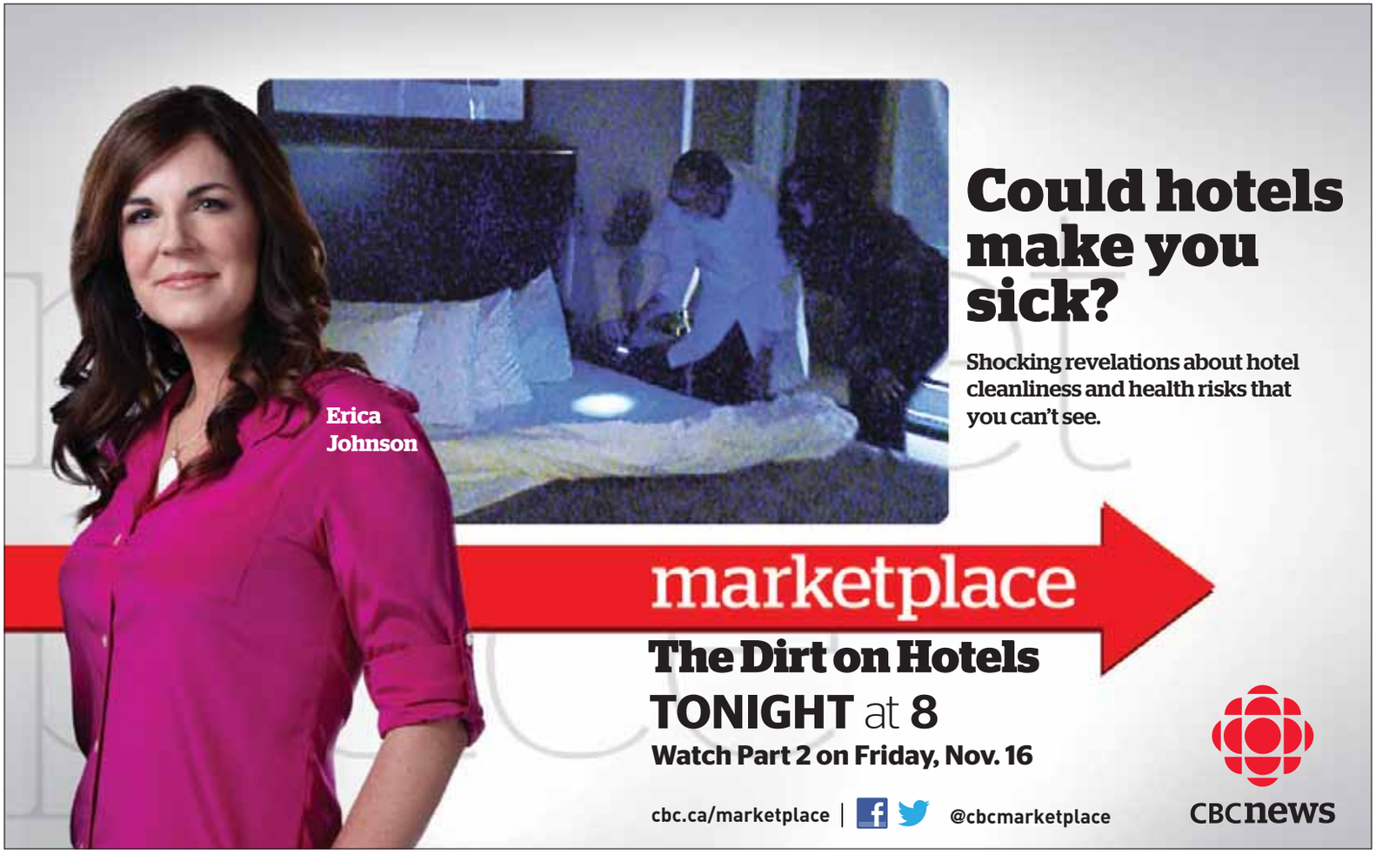
THE ASSOCIATED PRESS

Malawi

A victory for tolerance in Africa

Going against a trend in Africa, Malawi's government is moving to suspend laws against homosexuality and has ordered police not to arrest people for same-sex acts until the anti-gay laws are reviewed by parliament. Human Rights Watch called the decision "courageous" and said it should inspire other countries that criminalize homosexuality.

THE ASSOCIATED PRESS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- **South Africa War (1899-1902):** About 7,000 served; almost 300 killed.
- **First World War (1914-1918):** About 650,000 served; more than 68,000 died.
- **Second World War (1939-1945):** More than one million served; over 47,000 killed.
- **Korean War (1950-1953):** 26,791 soldiers served; 516 died.
- **Afghanistan (2002-2011):** 158 died over course of nine-year mission.

Sources:

Veterans Affairs Canada: http://www.veterans.gc.ca/eng/department/press/gnstat

Department of National Defence: http://www.forces.gc.ca/site/news-nouvelles/news-nouvelles-eng.asp?id=3695

Note: Statistics include tallies from Newfoundland and Labrador, even though the province did not join the Canadian Confederation until 1949.

THE CANADIAN PRESS

6 – LEDs vw.ca

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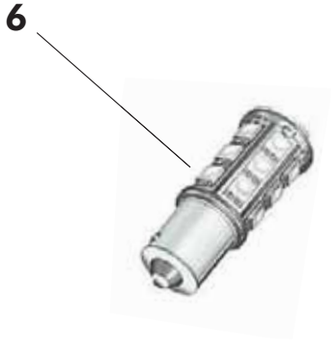

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The truth comes out in candid WWII doc

The real story.
Documentary uncovers facts behind the Second World War mission dramatized in Quentin Tarantino's action flick Inglorious Basterds

A scene from the TV documentary The Real Inglorious Bastards, which examines truths from Quentin Tarantino's garish Second World War film Inglourious Basterds. HANDOUT/GAT MEDIA/THE CANADIAN PRESS

In Quentin Tarantino's Second World War action flick Inglourious Basterds, a ragtag group of Jewish-American soldiers agree to go on a dangerous mission hunting Nazis behind enemy lines.

The deadly mercenaries are tasked with collecting 100 scalps apiece on their way to take out the Germans' top military leaders.

Not surprisingly for a Tarantino film, it's cartoonishly over the top and not at all historically accurate.

But there was just enough truth there for Canadian director Min Sook Lee to latch onto for The Real Inglorious Bastards, which airs Thursday on History.

She had previously helmed the similar documentary The Real M*A*S*H and was asked by History to produce another show with a compelling real-life tale that somehow mirrored the Tarantino film.

"I'm not a Tarantino fan — I hadn't seen the film, I wasn't familiar with the story," she admits in an interview.

"So I had to watch the film and then start looking around for something that was similar in real life — and that took a while."

She eventually came across the story of Operation Greenup, a covert mission ordered by the U.S. military's Office of Strategic Services.

Jewish refugees Hans Wijnberg of Holland and Fred Mayer of Germany joined the U.S. army eager to help the Allied effort against Nazi forces. They met at an OSS training camp while learning guerilla warfare and would eventually work with Austrian Franz Weber, who had deserted from the German military.

"It felt like I had my chance to do what I set out to do — kill Nazis," says Mayer in the documentary.

"That's why all the Jewish boys joined."

They parachuted onto a glacier in Germany so they could gather intelligence on the Brenner Pass, the main supply route into Italy. They landed in deep snow, without skis, and after a long journey through brutal wintry conditions, they reached a small hamlet, where they claimed to be members of a German alpine unit.

"These missions had a high rate of failure, they didn't really know what they were doing, there was a lot of making things up as they went along," says Sook Lee.

Through interviews and dramatic re-enactments, the documentary covers how the men then based themselves in safehouses and began sending information back to the U.S. while posing as Germans.

THE CANADIAN PRESS

Quoted

"Stories about resistance amongst Jews during the Second World War are less well known ... but I think there's more of a reclamation of that history happening." Min Sook Lee, The Real Inglorious Bastards director

Winning medal a tough battle

Canadians are a humble bunch. Maybe too humble.

Within a few weeks, Gov. Gen. David Johnston will bestow a final batch of bravery decorations on Canadian troops who fought in southern Afghanistan, but the list likely won't include the nation's highest battle honour: the Victoria Cross.

The notion that Canada will exit its first major shooting war in 60 years without such recognition has some asking what a Canadian soldier must do to win the honour.

The British, the Australians and New Zealand have all given out a handful of VCs for actions in Iraq and Afghanistan, while the United States has awarded 10 Medals of Honour, the American equivalent, in both wars. The lack of Canadian Victoria Crosses is also strange in light of the intensity of fighting that took place in the heartland of the Taliban insurgency, as well as the Harper government's apparent fondness for military pageantry.

A picture of Victoria Cross recipients Cpl. Lionel Clarke, Sgt. Maj. Frederick Hall and Lt. Robert Shankland is displayed after an unveiling at the National War Museum in Ottawa, Monday. FRED CHARTRAND/THE CANADIAN PRESS

The military recoils at the suggestion that politics comes within a country mile of deciding who is awarded the country's highest decoration for "extraordinary valour and devotion to duty while facing a hostile force." The stringent process that sees a nomination pass through no less than three committees of senior officers ensures that selection is based on merit. Even still, throughout the war in Afghanistan, there were quiet murmurs within the ranks about why some of the 17 Stars of Military Valour, the country's second-highest decoration handed out to date, were never considered worthy of elevation to the Victoria Cross.

THE CANADIAN PRESS

By the numbers

94

The last of Canada's 94 Victoria Crosses were handed out during the Second World War, at a time when the British still oversaw the award on behalf of Commonwealth nations. The Canadian version was created in 1993, but the actual medal was not struck until 2008.

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Canadian Forces.
Military investigates racially-charged video

A video showing a Canadian Forces officer with his face in brown makeup pretending to be Osama bin Laden's brother is in poor taste but does not reflect the wider military community, Defence Minister Peter MacKay said Thursday.

MacKay issued a statement in response to a video made in 2010 that features an unidentified military member stationed at 14 Wing Greenwood wearing a fake beard and turban, boasting that he worked with the leader of al-Qaida.

The CBC says it was leaked a copy of the video, which shows the officer calling a woman a "silly infidel," saying he drives a taxi and then later yelling at someone off-screen to get away from his car bomb.

MacKay said an investigation into what happened was launched as soon as the Defence Department became aware of the video's existence.

"Two years ago, certain members of the Canadian Forces stationed at CFB Greenwood filmed a video intended for their colleagues that featured inappropriate content and poor taste," MacKay said.

Capt. John Pulchny, a spokesman at 14 Wing Greenwood, said the Canadian Forces National Investigation Service is trying to determine who made the video and whether any military rules were broken. THE CANADIAN PRESS

Innocence of Muslims

Filmmaker gets jail time for probation violations

The man behind the anti-Muslim film that sparked violence in many parts of the Middle East was sentenced to a year in federal prison for unrelated probation violations. The sentence was the result of a plea bargain between lawyers for Mark Basseley Youssef and prosecutors. Youssef admitted he had used several false names in violation of his probation and obtained a driver's licence under a false name. He was on probation for a bank fraud case. THE ASSOCIATED PRESS

Arizona gunman gets life in prison for 2011 rampage

Giffords shooter sentenced. Jared Lee Loughner pleaded guilty; could still receive death penalty from state prosecutors

A man whose 2011 shooting rampage killed six people and wounded 13 others, including U.S. Congresswoman Gabrielle Giffords, was ordered Thursday to serve seven consecutive life sentences, plus 140 years in federal prison.

Jared Lee Loughner, 24, pleaded guilty under an agreement that guarantees he will spend the rest of his life in prison without the possibility of parole. He avoids a federal death sentence, although state prosecutors could still decide to try him.

Giffords, partially blind, her right arm paralyzed and limp, came face-to-face with Loughner at the sentencing, standing beside her husband as he spoke of her struggles to recover from being shot in the head.

Kish Finnegan, 48, of Tucson, Ariz., participates in a vigil at University Medical Center for U.S. Rep. Gabrielle Giffords in this 2011 photo.
LAURA SEGALL/GETTY IMAGES FILE

Jared Lee Loughner
U.S. MARSHALS OFFICE/THE ASSOCIATED PRESS

"Her life has been forever changed. Plans she had for our family and her career have been immeasurably altered," said astronaut Mark Kelly, both he and his wife staring at the shooter inside a packed courtroom. "Every day is a continuous struggle to do those things she once was so good at."

One by one, survivors of the attack at a Giffords political event approached the podium to address Loughner, each turning toward him where he sat with his attorneys.

"You took away my life, my love and my reason for living," said Mavanell Stoddard, who was shot three times and cradled her dying husband in her arms as he lay bleeding on the sidewalk after shielding her from the spray of bullets.

Loughner's parents sat nearby, his mother sobbing.

Some victims, including Giffords, welcomed the plea deal as a way to move on. It spared them and their families from having to go through a potentially lengthy and traumatic trial and locks up the defendant for life. Both sides reached the deal after a judge declared that Loughner was able to understand the charges against him. After the shooting, he was diagnosed with schizophrenia and underwent forcible psychotropic drug treatments. THE ASSOCIATED PRESS

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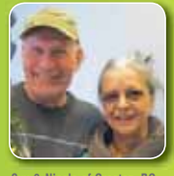
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Social financing. Feds consider private funding to improve lives of needy

The federal government wants to tap into a "gold mine" of private-sector funding to finance its social programs — a new approach the New Democrats are dismissing as little more than budget cuts in disguise.

Human Resources Minister Diane Finley launched a "call for concepts" on Thursday, asking businesses, not-for-profits and the volunteer sector to come up with fundamentally new ideas for jointly financing improvements in the lives of the needy.

The launch is a tentative step into the realm of social financing — an approach that is being tested in the United Kingdom and the United States. It invites private-sector investors to provide up-front money and then collect a return on projects that government traditionally pays for, such as homelessness or hunger.

"It's our first official step in inviting your ideas to the table that can help shape future social policy in Canada — in a new way," Finley told a Toronto forum.

"It's time for us to unleash individual initiative so that those who are motivated can help others, and those who need help are given the opportunity to take more responsibility for themselves."

The government wants to collect ideas until the end of the year and then, if all goes well, put out a call for proposals or identify pilot projects. Eventually, Finley foresees a broader "social partnerships" strategy.

"It's really community leaders who can best understand their local challenges, identify solutions and get results," Finley said. THE CANADIAN PRESS

Not impressed

The Opposition NDP immediately attacked the idea, accusing the Conservatives of privatizing social services for ideological reasons, based on a model that has flopped in other countries.

- "What they're proposing is a public-relations exercise to justify new cuts to services for Canadians," said Nycole Turmel.

At least 2 dead in fire at industrial plant

Toxic explosion. Massive blaze was one of two in Quebec Thursday, as another raged in Old Montreal

Two people were reported killed as of press time as an explosion loud enough to be heard for kilometres ripped through an industrial plant Thursday, triggering a fire that produced a thick, dark cloud of toxic smoke.

The blast and fire sent 19 other people to hospital, some with severe burns. The two victims were found in the rubble of the decimated processing plant.

The incident occurred in Quebec's Eastern Townships at the Sherbrooke facility belonging to Neptune Technologies & Bioressources, which produces health products, such as Omega-3 derived from marine life.

Martin Carrier, a Sherbrooke police spokesman, said more than 100 people in Sherbrooke and surrounding suburbs phoned within a minute.

Emergency crews are shown outside Neptune Technologies and Bioressources in Sherbrooke, Que., Thursday, where a large explosion at the plant sent a number of people to hospital with serious injuries. GRAHAM HUGHES/THE CANADIAN PRESS

"They heard the explosion," Carrier said. "It was a big noise. A lot of black smoke. You could see it everywhere in the city."

It was the first of two major fires Thursday in Quebec.

Hours later, flames were skipping off a rooftop in Old Montreal as emergency crews were called in to deal with a blaze a block away from the famous Notre-Dame Basilica, close to the Montreal La Presse newspaper which had to be evacuated. There were no reports of injuries in the Montreal fire. THE CANADIAN PRESS

Elliot Lake collapse

Mall owners lose bid to have legal bills paid

The owners of a mall that collapsed in northern Ontario were denied funding on Thursday to participate in the public inquiry into the tragedy.

In his ruling, Commissioner Paul Belanger said Bob Nazarian and his son Levon Nazarian had not shown why Ontario taxpayers should pay their legal bills. THE CANADIAN PRESS

Mental health

Rae seeks inquiry into girl's death

Interim Liberal leader Bob Rae is calling for a public inquiry to get to the root of the tragedy that befell Ashley Smith, the troubled teen who choked to death in her prison cell as guards stood watch.

And he wants the inquiry to go beyond the particulars of Smith's death to expose the general inability of the prison system to cope with mentally ill offenders. THE CANADIAN PRESS

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She's da bomb for making 'em and breaking moulds

Newfound freedom.
Veteran recalls excitement of being on forefront of emerging female workforce and military service

ROSANNA HAROUTOUNIAN
For Metro

Second World War veteran Helen Rapp said she doesn't want young Canadians to forget the women who served in war.

"We opened the door for women who are in the military now," she said. "That is what we're really very proud of."

Helen Rapp's certificate of qualification at the Directorate of Signals in Ottawa, 1944. CONTRIBUTED

In 1941, Rapp left her hometown of Schumacher, Ont., to work in a munitions factory in Hamilton.

"There was a catch, though," said Rapp. "I couldn't go without my mother because I was only 15." Her mother worked in the cafeteria, while Rapp helped make barrels for bofor guns.

"I went out in overalls, with my hair tied back, to this station," said Rapp, recalling she was met at the station by an older man and five younger men," said Rapp.

When the younger men started whistling, the older man stood up for her.

"He said, 'There'll be none of that. She is a member of this crew. You treat her properly.'" Rapp said she nicknamed him Fibber McGee after a character from a radio program.

Rapp said she made friends with four girls from Prince Albert, whose apartment was as busy as "Grand Central Station." The girls would visit the dancehall to meet soldiers training at Hamilton's Commonwealth Air Training Plan.

"You never, ever, did not have a date," said Rapp, laughing. Rapp said one air force trainee from England, Jeff, was a great dancer who taught her the jitterbug.

"He never swung me over his head, but we just loved to dance," she said.

Rapp worked in the factory until 1942. At 16, she pretended she was 18 so she could enter the Canadian Women's Army Corps in Ottawa, where she lives today.

She worked in Ottawa as a section sergeant of the directorate of signals.

"The government wanted women in the military, but our mandate was only until 1946, and then you were out" she said.

"But they did learn that we could do just about any job they imagined."

Helen Rapp's (born Helen Villeneuve) tradesman qualification certificate, 1946. CONTRIBUTED

Helen Rapp in Ottawa, 1944. CONTRIBUTED

Joining the war effort

Factory girls for their soldier boys

As husbands, sons, brothers, and fathers were called out to fight on the front lines, some women also thrust themselves into unknown territory by joining munitions factories in the 1940s to supply the men with the weapons they needed for battle.

For some women at the time it was their first job. For others, it was a moral decision to leave their homes and families behind to provide for the war effort.

Women quickly learned their ways around the factories to create weapons such as cannons and ammunition while grappling with the fear of what the war may bring. At the same time, however, it also gave women newfound freedom from social constraints at home.

JOE LOFARO/METRO IN OTTAWA

Helen Rapp in Ottawa, 1944. CONTRIBUTED

Quoted

"There was a catch, though. I couldn't go without my mother because I was only 15."

Second World War veteran Helen Rapp
On leaving her hometown in 1941 to work in a munitions factory in Hamilton.

Certificate allowing Helen Rapp to wear the War Service Badge, 1946. CONTRIBUTED

SEAN MCKIBBON/METRO IN OTTAWA

Veterans speak about what was once taboo

Helen Rapp, a veteran of the Second World War, says that while soldiers are more open to sharing their wartime experiences, the Canadian government can still do more to support veterans.

"The majority of men never talked," said Rapp, who served as a section sergeant at the Directorate of Signals in Ottawa from 1942 to 1946. "When they came home, they got into civilian clothes, and that was the end of it."

She said that was an improvement from the First World War, when soldiers were shot when they couldn't handle the stresses of war. "It was called shell-shock," she said. "They thought, 'You're just putting this on. You don't want to fight.'"

Rapp said that when she visits classes to talk about her experiences, she asks students whether they have relatives who served in the military.

"They say, 'Oh yes, my granddad was, or my uncle, but they never talked.' And they didn't," said Rapp. "They just wanted to forget the bad stuff."

She said veterans are more likely to share their experiences with each other.

"You look at these old fellas and these old gals and ask, 'Where were you posted? What did you do?'" said Rapp. "There's a bond there."

Rapp's husband Jerry Bowen, a veteran of Canada's navy and armed forces, agrees.

"The fellows who were with you at the time have an understanding others don't," said Bowen. "Whenever we get together, we have a good talk."

Rapp said that while Veteran's Affairs Canada is better-equipped to identify and deal with soldiers suffering from post-traumatic stress disorder, recent cuts are putting the department under strain.

"They should never have cut back the services that they did," said Rapp. "They haven't in the (United) States. They cut back every department but Veteran's Affairs, and we were hoping they would do the same here, but (Defence Minister Peter) MacKay decided no."

The Union of Veterans' Affairs Employees predicted in January that the government's plan to cut $226 million from the Veterans Affairs budget in the next two years would result in 500 job cuts by 2015.

"They're short-staffed now," said Rapp. "Where before someone was looking after five or six people, their load is more now."

Rapp said part of the reason she speaks to other Canadians is to ensure they know that veterans should be valued.

"We want to show them that we were there. We made history."

ROSANNA HAROUTOUNIAN/FOR METRO WITH FILES FROM TORSTAR NEWS SERVICE

Helen Rapp's medals from left: The Canadian Volunteer Service Medal, the War Service Medal, the Confederation Medal, a Golden Jubilee Medal and a Diamond Jubilee medal awarded earlier this year. SEAN MCKIBBON/METRO IN OTTAWA

...and she puts the boom in wartime bombshells

MATT BARNES/ GLOBAL

Paying tribute. Bomb Girls actress honoured to salute women like one she portrays in TV series

JESSICA SMITH
Metro in Toronto

Growing up studying history, Charlotte Hegele learned all about the men who fought the Second World War. It was only years later, reading the script of Bomb Girls, that she really learned about the women.

"I think a lot of young people blur history together and they don't realize that there are specific pockets of time where extraordinary things happened," said Hegele. "It's so important that we tell women's stories."

Hegele plays Kate Andrews, a young woman who flees from her abusive father, a tyrannical street preacher, to Toronto, where she works at Victory Munitions.

The main characters on Bomb Girls are inspired by the real Canadian women who worked in munitions factories. They built bombs that could explode with one false move, in factories they believed could be a target for an attack on Canadian soil.

"On World War II, when I was in school, we spoke so much about men," she said. "We, assumed, for whatever reason, that women during war would just be sitting at home taking care of the family waiting for their man to come home, waiting for the soldiers to come home, when, in fact, their place in society became pivotal to the success of the Allies."

Bomb Girls shows why the war was pivotal for women, how they went to work when their country needed them to and never turned back.

"It's hard for me to imagine how it really would have been, how it really would have felt to be a woman at that time — but I think that women were just itching to be given equal opportunities as men," Hegele said. "It must have been not just liberating but exciting to be able to do jobs — jobs they actually kept."

For Hegele, telling stories about Canadian history is "an important public service" that she learned from her grandfather.

Dr. Joseph Walmsley was a medical officer who fought in Dieppe. When he returned, he would speak at school Remembrance Day ceremonies.

"He would come in with his medals — it was a very proud moment, to see him come and speak in his full uniform," she said. "I wasn't just proud that he was the speaker, it was because he was so proud. It was a moment for him to give some perspective for young people and understanding of what he actually did."

Meeting her inspiration

Hegele has had the chance to meet some of the real Bomb Girls who are the show's inspiration. Her first time was at the show's premier in Ottawa.

She recalls thinking so much about her character during the filming and then realizing, at the premiere, the impact Bomb Girls would have on the real women who lived that story.

"It was really scary," she said. "At that moment I thought, 'Okay, I really hope we did them justice and we created something that was respectful and honoured their accomplishments and that they would be proud to watch."

"The original Bomb Girls seemed moved," she said. "At the time of the war, perhaps, it didn't seem for them that they were doing anything extraordinary because it was what their country needed them to do and they were just doing what they could do. But it's really important for our country to know now about the sacrifices they made."

Quoted

"Some American viewers have been confused because one of the events that happens in the first season is Pearl Harbor, but it doesn't happen until the end. And of, course, Pearl Harbor is the reason the States got involved in the war to begin with... It's nice to know that we're not just telling the women's story, but the Canadian story, because it's unique."

Actress Charlotte Hegele

A screen grab from the first episode of Bomb Girls. GLOBAL

Real factories behind Bomb Girls series

- One of the real factories Victory Munitions is based on is the Defence Industries Limited plant, which built munitions for the Allies and led to the founding of the Town of Ajax. The other was the General Engineering Company of Ontario (GECO) plant in Scarborough, Ont.
- The cast is currently shooting season two, set to air in 2013, at the set on Brown's Line in Etobicoke, Ont.
- The new season will include Rosie O'Donnell as guest star. She will play "Dottie" in Episode 209.
- You can watch the first season of Bomb Girls online at: globaltv.com/bombgirls.

Actors stay warm Tuesday on the exterior set of the Victory Munitions Factory in the Bomb Girls TV show, which is mostly filmed in the Toronto area. DAVE STARRETT/FOR METRO

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Frustrated vets. Widows, families say they feel abandoned by Ottawa

Disabled veterans and military widows are unleashing a broadside of frustration against the Harper government just before Remembrance Day, saying they're feeling abandoned and left to fend for themselves.

They have gathered on Parliament Hill to paint a stark picture of bureaucratic indifference and red tape that flies in the face of reassurances from the government, which says the care of military families is a top priority.

Few of the government's touted programs meant to help combat veterans find civilian jobs actually help the disabled, complained retired master corporal Dave Desjardins, who is paralyzed from the waist down. He says the so-called "helmets-to-hardhats" program, which aids ex-soldiers get into the construction industry, is a wonderful resource — but for someone without physical limitations.

Desjardins said many of the head hunters discriminate in favour of officers, leaving non-commissioned members out in the cold.

Ex-soldiers say much of the dissatisfaction can be traced back to the 2006 New Veterans Charter, which overhauled the way ex-soldiers are compensated.

THE CANADIAN PRESS

Speaking out

- Tracy Kerr, wife of a triple amputee who fought in Afghanistan, said she and her family have battled for years to get basic needs, such as a lift to get him in and out of the bathtub.
- Jackie Girouard, whose husband was killed by a roadside bomb in Kandahar in 2006, said the families of many soldiers are denied access to the veterans independence program, which helps with yard work and light housekeeping. She said policies which set time limits on accepting assistance, such as two years for education and job retraining, are insensitive and unrealistic.

Families complain about care at veterans facility

Sunnybrook. Veterans' centre unique in Canada in that it gets funding from both Ontario and Ottawa

Canada's largest veterans facility, home to 500 veterans of the Second World War and Korean War, is under fire from several families with complaints their frail relatives have been neglected or forced to endure unsanitary conditions.

They also say raising concerns at Sunnybrook Health Sciences Centre in Toronto — among them delayed bathing and feeding, soiled sheets, dead mice in rooms, a lack of toilet paper, and constant room and caregiver changes — were mostly met with indifference or hostility.

"It's appalling what's going on in the veterans' wing of Sunnybrook," says Rodney Burnell, whose 92-year-old father George lives on the spartan 3rd floor of K-Wing.

For its part, Sunnybrook suggests the complaints are coming from a handful of malcontents.

Some families — those whose relatives need the most care — say there's a bleak reality beyond the pomp of Remembrance Day: Moaning patients ignored; others left to stare at ceilings for hours; dentures hanging from mouths.

Residents, many of whom are unable to feed themselves, go hungry or get cold food, relatives say, because there aren't enough caregivers to feed them.

Some relatives have resorted to hiring their own caregivers to keep watch over their loved ones.

Burnell recounts how her complaints about mice and droppings were dismissed as something that happens in nursing homes because residents eat in their rooms.

Staff finally laid traps next to his bed then, she says, they promptly forgot about them.

"My son looked underneath the window-ledge area and saw all these (dead) mice," Burnell, 86, says.

Following a "benchmarking" exercise, the facility laid off 12 full-time and eight part-time registered nurses in April. THE CANADIAN PRESS

Quoted

"They fought for us and it's our turn to fight for them."

Rodney Burnell, whose 92-year-old father lives in the veterans' wing of Sunnybrook Health Sciences Centre

Dorothy Burnell, 86, talks to her husband George Burnell, 92, on Sunday at Sunnybrook's Veterans Centre in Toronto where he lives. Several families have concerns about the level of care their relatives are receiving.
COLIN PERKEL/THE CANADIAN PRESS

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Market Minute

DOLLAR
99.96¢
(-0.43¢)

TSX
12,191.05 (-39.54)

OIL
$85.09 US (+65¢)

GOLD
$1,726 US (+$12)

Natural gas: $3.59 US (+1¢)
Dow Jones: 12,811.32 (-121.41)

Misleading?

Suit targets 7Up antioxidant claims

7Up with antioxidants will soon be off the market, after an advocacy group accused the drink maker of making misleading health claims.

Dr Pepper Snapple Group says its 7Up varieties that tout antioxidants will be off the market by early 2013. The company says it made the decision to reformulate the drinks in 2011.

The announcement was made after an advocacy group on Thursday filed a lawsuit saying the drink's claims are misleading because they give the impression the antioxidants come from fruit rather than added vitamin E.

The Center for Science in the Public Interest, which advocates for food safety and nutrition, also noted that the Food and Drug Administration prohibits companies from fortifying candies and soft drinks with nutrients. THE ASSOCIATED PRESS

Go it alone or go to an adviser? Depends on your comfort level

Investing. This is the third of a three-part series on getting into the stock market

IN THE MARKET
Bryan Borzykowski
For Metro

It's never been easier to get into the stock market. You can invest online, through an adviser and at your branch. You can buy stocks, mutual funds, exchange-traded funds, fixed-income and more.

Investing is so simple that it can be overwhelming. Where do you start? What should you buy? How much do you need?

Novice investors will likely want to start with an adviser. They understand the market and know which products are the best. It's also their job to make your money grow, which is hard for most people to do on their own.

Some financial planners, such as bank-based advisers, are free, though others can be expensive, depending on what you want them to do. Many charge a flat fee that includes investing and developing a financial plan.

As well, advisers typically invest in mutual funds, which come with a hefty management ratio. Usually, a mutual-fund company will take around two per cent of someone's invested assets to cover expenses. If you don't know what you're doing, though, it's worth paying for the advice.

Savvier investors often buy securities online. Every bank has its own web-based brokerage, but there are other firms, such as Qtrade, Interactive Brokers and Questrade, that offer similar services.

Do-it-yourself investors often buy stocks and exchange-traded funds — a basket of stocks that track a specific index — that don't come with the same management fees as mutual funds do. (Stocks don't come with any management costs.) There is a trading fee, but, depending on how often you trade, it can be negligible.

Per trade costs range between $6.99 and $29.99 — it depends on the bank and how often you buy and sell — but it's often cheaper than buying mutual funds with an adviser.

Once you figure out how you want to invest and with what products, you need to decide what type of account to use. Registered Retirement Savings Plans (RRSP) are still the most popular investment account, as you only have to pay tax on the total account balance when you withdraw, likely in retirement.

Tax-Free Savings Accounts, which were introduced in 2009, are giving the RRSP a run for its money. Whatever you invest in a TFSA grows tax-free. While you don't get a tax refund, like you do when you invest in an RRSP, you don't have to pay the CRA when you withdraw.

There are also non-registered accounts that offer preferential tax treatment on capital gains — the difference between what you bought a security for and what it's sold for — and dividends. Most people turn to non-registered accounts after maxing out their RRSP.

See what I mean about choice? It's amazing anyone invests in the stock market at all.

But don't get flustered; investing really is easy. Check out your bank's online brokerage account to see what DIY investing has to offer, or talk to a financial adviser for more hands-on help.

Novice investors will probably want to start with an adviser, says columnist Bryan Borzykowski. ISTOCK

Online

- Missed the first two columns on entering the stock market? Check out the whole package — including who should be buying stocks, and how to pick them — at metronews.ca/tag/investing.

Web resources

Online tools benefit both novice and savvy traders

Whether you invest online or with an adviser, there are plenty of great websites that offer investing advice. Here are three to check out:

Morningstar.ca
It's one of the best investing sites out there. Get in-depth analysis and performance information on stocks, mutual funds and ETFs. Keep an eye on your investments via the online portfolio-tracker tool.

Globe Investor
For daily Canadian investment news, visit the Globe and Mail's investing website. Read stories about the Canadian markets and use its stock screener to find the best buys.

Seekingalpha.com
This U.S.-based website offers investment and portfolio-strategy ideas, macro economic news and detailed company write-ups. Everyone from the novice investor to the savvy trader will find something useful here.

Bryan Borzykowski is a Toronto-based financial writer and the author of Building Wealth All-in-One for Canadians for Dummies. Contact him at bryanborzykowski.com or follow him on Twitter @bborzyko.

Vancouver Infectious Diseases Centre
Do you have hepatitis B?
A clinical trial is currently ongoing to investigate a new drug for the treatment of hepatitis B. Men and women between the ages of 18 and 60 may be eligible to participate if the following criteria are met:
• Infected with Hepatitis B for at least 6 months
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THREE WORDS: FOUR MORE YEARS, AND ONE RECORD NUMBER OF RETWEETS

THE LIST
Neil Morton
metronews.ca

1 **Call your hockey parody.** Hockey blogger Harrison Mooney co-wrote and stars in a hockified version of Robyn's hit Call Your Girlfriend on YouTube called Call The Union. His hilarious plea to the NHL and NHLPA to get a deal done went viral. It features Mooney in a Vancouver Canucks jersey dancing and singing rather poorly. This might be just the jolt the NHL needed. Watch the vid at metronews.ca.

2 **Most retweeted tweet, ever.** 'Four more years' was the simple yet concise three-word tweet that came out from @BarackObama Tuesday night, along with a picture of Barack and Michelle in a warm embrace. It was retweeted nearly 800,000 times — the highest number ever. President of the United States for another term — and King of the Twittersphere, too.

3 **Need help? Call @justinbieber.** New Jersey Gov. Chris Christie took to tweeting Justin Bieber to get the word out about Hurricane Sandy New Jersey Relief Fund: '.@justinbieber my girls are big fans. Will u help us spread the word about NJReliefFund? For more info: http://tinyurl.com/anufbos #WeWillRebuild.' Biebs, always helping causes, obliged, retweeting to his nearly 30 million followers.

4 **Falcons 8-0.** The Atlanta Falcons were once one of the laughingstocks of the NFL, but their franchise can now do no wrong. With a star QB in Matt Ryan, they are halfway to a perfect season this year after beating the (hapless) Dallas Cowboys 19-13 on Sunday. Even if they don't go unbeaten, a Super Bowl appearance is definitely in their sights — if they beat da Bears!

5 **How to use paparazzi.** As Maroon 5 frontman Adam Levine and his girlfriend were leaving a lunch spot in L.A., trailed by paparazzi, he made a makeshift sign encouraging passersby to 'Text Red Cross to 90999' for Hurricane Sandy victims. My genius idea: Every celebrity should do this while being trailed by the paps — have a sign handy to promote a philanthropic cause.

6 **Mo bro!** I'm proud to be growing a stache for the first time ever — well, since the excitement of facial hair in Grade 8. It's for Movember Canada, of course, which raises money and awareness for men's health issues such as prostate cancer and mental illness. Give at ca.movember.com or donate to me personally at mobro.co/4648193. Thanks!

7 **Extreme Cougar Wives.** A program airing later this month on TLC called Extreme Cougar Wives features couples with wide-ranging age differences, including 65-year-old Stephanie, who is in love with 28-year-old Octavio. While this "cougar" thing may have hit its tipping point now, all the power to these women. If men can date way younger women — creepy! — then why not turn the tables?

8 **Etiquette expert.** If etiquette confuses you, like in my case (I get confused over when not to wear plaid) what better place to turn than Canadian etiquette expert Karen Cleveland. She tackles all things etiquette on her blog — mannersaresexy.com — from the traditional: how to bring your own wine to a restaurant, to the taboo: such as why your company should have topless meetings (as in, sans mobile devices).

9 **Trail Blazer, not.** A new iPhone app called Trail Blazer that's geared toward kids stars a buffalo who bikes and snowboards past northern Alberta landmarks while avoiding obstacles and collecting coins. Oh, and the game is made by Syncrude, one of Canada's largest producers of oil from Alberta's oilsands, and includes feel-good, pop-up messages about the company. Game over.

Follow The Metro List on Twitter @TheMetroList

Grand Theft Motorcycle

RICK TREISTER/REX FEATURES

Eyewitnessed robbery

Biker gang raids shopping mall

This amazing image shows the dramatic moment a gang of robbers made their escape on motorcycles in a shopping centre.

Six people riding three motorbikes and carrying axes drove into Brent Cross Shopping Centre in north London, England.

Professional photographer Rick Treister, 48, managed to snap this picture with his camera-phone.

METRO

Photographer's viewpoint

"It was like a Hollywood film. I would never have imagined someone would do that in a shopping centre. It was like a scene out of James Bond."

Rick Treister, photographer

Treister was on his way to the Apple store in Brent Cross Shopping Centre when he heard the sound of screaming and breaking glass. He managed to get one picture of the robbers as they passed him at full speed.

Details of robbery

- **Panic in the shopping mall.** Eyewitnesses said the thieves sped into the first floor of the shopping mall and headed for the Fraser Hart high-end jewelry store before smashing windows to get at the valuables on display. Shoppers began to panic as the robbery took place, with many people running for the exits. Some shops would not let customers leave while the incident was underway, witnesses said.
- **Bikes abandoned.** The motorbikes used in the robbery were found abandoned in Mill Hill, north London, 15 minutes after the robbery took place. Flying Squad detectives from the capital's police department have released footage of the theft taking place, to help in appeals for witnesses and information. So far, no arrests have been made.
- **Not an isolated incident.** The smash-and-grab incident came a day before a pawnbroker's store was targeted about three kilometres away by another motorbike gang.

Metropolitan Panel

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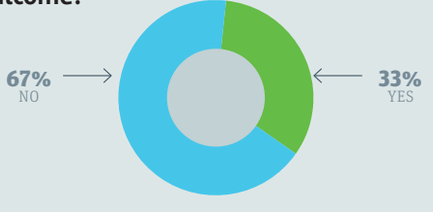

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Lindsay Lohan plays Liz Taylor in the Lifetime TV movie Liz & Dick, which airs Nov. 25. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Why we still love Liz

Rewind. In celebration of the Lohan-led TV movie Liz & Dick, the Reel Guys pick their faves from the 'greatest movie star of all'

Richard: Mark, I know we'll get to the good Liz Taylor films in a second, but I'd like to start with Boom! a strange movie about a much-married booze hound (Liz wearing Vegas-inspired Kabuki gowns!) and a penniless poet (Dick) who romances her in the final hours of her life. This one fails on virtually every front, except that in its awfulness it has a campy charm, and for the ones who get the joke, great entertainment value.

Mark: Boom? Richard, you are perverse! But I have to admit that even Taylor's better films veer toward camp. Look at Butterfield 8, which I consider her essential mid-career movie. She plays an amoral man-eater who's a borderline prostitute. The movie has the greatest line Liz Taylor ever committed to celluloid, "Mama, face it, I was the slut of all time!" Although the movie is badly dated, it makes a strong case for the return of the negligee.

RC: I guess I like anything with Liz and Burton. Like The V.I.P.s. As if having Liz and Dick on screen wasn't enough star power The V.I.P.s adds in Orson Welles, Maggie Smith and a host of other early '60s A-listers. The melodramatic story is set on one night at the Heathrow Airport first class lounge. Liz looks amazing in this, but for me the highlight is Welles's sleazy movie producer who'll do anything—including marrying someone he hardly knows — to avoid a whopping tax bill.

MB: It must be some kind of meta-theme in Taylor's work: fat old guys stealing the movie from The Most Beautiful Woman In The World. Burl Ives has the same effect in Cat on a Hot Tin Roof. When he's onscreen, you forget about Taylor, which is quite a feat. Liz is a good little scene chewer in this adaptation of Tennessee Williams' mediocre play. Lots of scenes occur in the bedroom, giving her ample opportunity to dress and undress.

RC: Burton was Liz's most famous co-star, but she frequently co-starred with Montgomery Clift, who once said, "She feels like the other half of me." Check out Suddenly Last Summer or A Place in the Sun to see their chemistry.

MB: To my mind, Taylor was just a movie star until she played Martha in Who's Afraid of Virginia Woolf. Brilliantly directed and guided by Mike Nichols, she revealed herself to be a great actress as well.

Synopsis

The Reel Guys will wait to pass judgment on Lindsay Lohan's portrayal of Elizabeth Taylor (opposite Grant Bowler as Richard Burton) in Lifetime's Liz & Dick, but with the TV movie airing this month, we thought we'd take the opportunity to have a look at the real deal; the movies of the lilac-eyed La Liz.

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Documentary

How To Survive A Plague

Director. David France

Stars. Peter Staley, Larry Kramer

The lack of government response to the AIDS crisis in the '80s remains an embarrassing reminder of the ignorance that surrounded the disease. How to Survive a Plague tells the story from the perspective of ACT UP, a grassroots group who slugged it out with everyone from New York City hospitals over admitting infected patients to the FDA over access to drugs. Assembled mostly from video footage shot at meetings and protests and news clips, the film paints a vivid picture of the time.

IAN GORMELY

Drama

Dangerous Liasons

Director. Hur Jin-Ho

Stars. Zhang Ziyi, Jang Dong-gun

In the latest adaptation of the classic French novel Dangerous Liaisons, 18th Century France is swapped out for 1930s Shanghai. Unconventional as it sounds, it still follows the familiar tale of a libertine challenged to seduce a young widow (Zhang Ziyi of Crouching Tiger, Hidden Dragon fame) in a cruel erotic wager. While it may not live up to the 1988 Oscar-nominated version, slick production and a beautiful and compelling cast help sustain the drama.

STEVE GOW

Wu-Tang Clan lead man heads in a new direction

The Man with the Iron Fists. RZA turns his love of the martial arts film genre into a directing gig with his first feature film

OLIVIA MORROW
Metro World News in New York

RZA says he paid homage to his favourite martial arts flicks in his new movie. HANDOUT

There's not much that RZA, more formally known as Bobby Fitzgerald Diggs, can't do. Starting out as the leader of the popular hip-hop group the Wu-Tang Clan, he has since climbed his way up the ladder producing, acting and screenwriting. Now, he adds director to his resume. RZA finally showed his baby, The Man with the Iron Fists, to the world last week, but not before facing a few obstacles, including chronic loneliness and cultural discrepancies, along the way.

RZA said one of the hardest things about making the martial arts film was spending over 150 days in a foreign country without his family. "The different vibe was just a lonely situation really, not only not seeing any blacks in China, but not seeing no whites either," he says. "My wife wasn't able to come over because of the duties of home ... so I was really lonely,"

Although he's no stranger to the industry, RZA said he faced many difficulties as a first-time director. "You've got to think, first of all, even having the level of talent, trust me, and to have a mutual trust back and forth was a challenge because I'm not just playing with just any Joe Schmoe. (I've) got some of the best in the world coming to represent with me and you want to protect that," he says.

TIME
RICHARD CORLISS
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Twilight star a child no Lautner

Transforming in the spotlight. Taylor Lautner talks spending his formative teen years as the world's most famous werewolf

NED EHRBAR
Metro World News in Hollywood

Taylor Lautner started the Twilight franchise when he was 15 years old, and in the five years since he's become an international celebrity. The end of your teenage years can be awkward enough as is, but being under the media spotlight adds a whole different level of discomfort. "It's amazing how much a 15-year-old to a 20-year-old grows up and matures just regularly. Going through this, it definitely was at an accelerated rate," he says. "[The scrutiny] definitely added to it. It was the part of it that we never predicted."

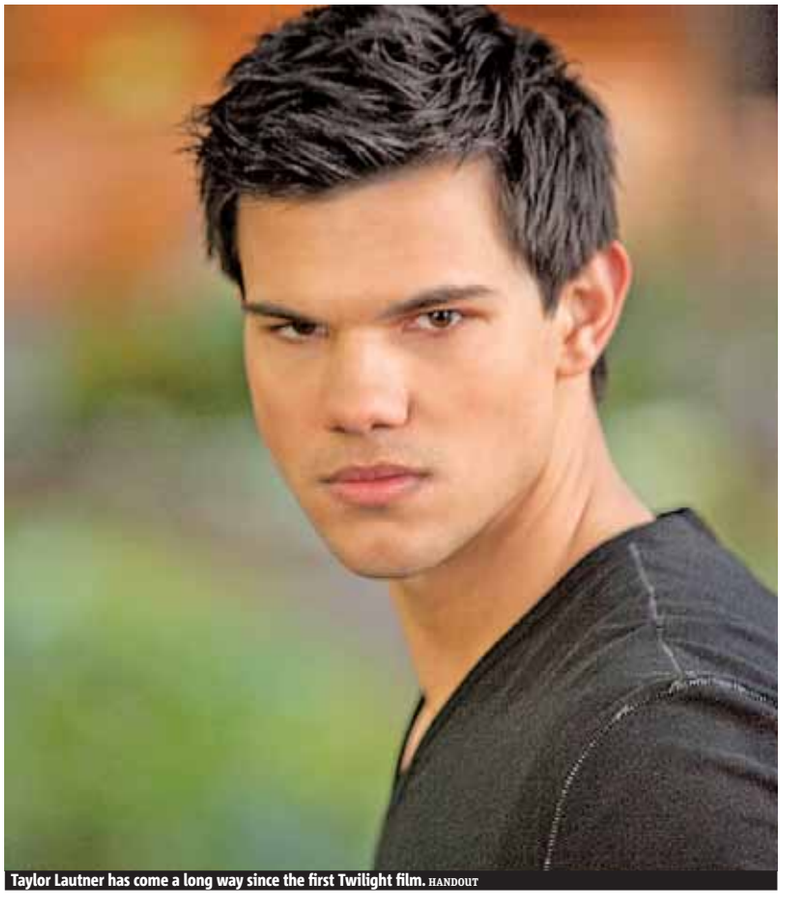
The first lesson Lautner had to learn was to not just hide from the world. "When something like that happens to you, you tend to [withdraw]," says Lautner, who became a tabloid staple when rumours about him dating Taylor Swift circulated in 2009.

"The worst thing you can do in that situation is just lock yourself up inside your house and not do anything and just be scared. You just have to think about things more and maybe just plan more in advance, but you don't want to change who you are and everything you do just because of it."

Of course, he did have to make some changes because of his fame — like where he spends his free time. "I haven't been to a mall in a while and I haven't been to a theme park in a while, but I figure out how to get into movie theatres," he says. "I do [wear a disguise], but they don't work at all for some reason, and I don't know why. I think I literally just have to put prosthetics on because literally I put a baseball hat on, glasses, pull the hat down, I look in the mirror and I'm like, 'All right, you are set. You don't look anything like yourself.' And the second I step outside, it's almost like I'm wearing nothing."

Looking ahead

So where does Lautner go from here? Certainly the Twilight franchise has given him a leg up over other 20-year-old actors, but his first non-franchise entry, last year's Abduction, was a critical and commercial failure. Lautner's plan to avoid another stinker, he says, is to diversify. "I'm looking forward to doing something different for myself and challenging myself," he says. "I don't want to do the same thing over and over again. My goal is to challenge myself to a wide variety of roles and genres of film."



Taylor Lautner has come a long way since the first Twilight film. HANDOUT

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Michael Sheen. It's not easy being the bad guy, according to actor

Michael Sheen has had a relatively easy schedule in the Twilight series, "flitting in and out" as the villainous Aro, as he puts it, while the rest of the cast has taken on a more strenuous time commitment.

But that doesn't mean he's gotten off easy.

In fact, Sheen takes issue with the old adage that playing a villain is more fun for an actor. "I suppose people think, 'Oh, it's so much more enjoyable to play villains and it's so much more enjoyable to play that kind of thing,'" he says.

"It's hard work. I find it hard work, anyway.

"Maybe other people find it easier. But it's not something that you just kind of enjoy when you're doing it in the same way. Because if you enjoy it too much yourself, I think people just feel it's self-indulgent. You want the audience to enjoy it, which is the point. You can't enjoy yourself too much. It's work."

One bit he definitely didn't enjoy was the film's grand finale, which takes place on a snow-covered field — something Sheen thought he'd be well-prepared for.

"You think, a bulk of this film is going to be in a forest at night somewhere really cold doing this battle scene in the snow," he remembers.

"So when we were working on the costumes, I thought — bit of experience. I've done this before. I'm going to make sure I've got a really warm costume. Layers and layers of wool and velvet. I was like, 'I'm going to be fine.' And the poor Amazonian girls ... 'I'm sorry, girls. You're just going to have to hold on tight.'"

The actual filming conditions didn't turn out as Sheen expected — though the Louisiana location should've been a tip-off. "I turn up on day one, and it's on a soundstage! It's not in a forest at all," he says.

"So for weeks and weeks and weeks we're in this room with boiling hot lights, fake snow, and the Amazonian girls are like, 'Nyah nyah!'"

NED EHRBAR/MWN

What happens after you've spent five years as a vampire?

It took a lot of actors to fill out the characters from Stephenie Meyer's tale.
HANDOUT

Catching up with the Cullens. The actors you've come to know as Edward's family share their post-Twilight plans

The actors who portray the Cullen family in the Twilight series have had the luxury of a steady gig for five years now — something of a rarity for a film actor. But that's all over now. So, who's ready for life after Twilight and who's not? We checked in with the Cullens.

Kellan Lutz: "I've been working on my clothing line for about two years called Abbott + Main, which is another one of my passions — fashion. It's in Nordstrom, it's in Bloomingdales, it's doing great. Career-wise, I love action movies so I'm producing a couple..."

Nikki Reed: "I just put out an album. Every song is written by my husband and me, and we sing together. We also have a song on the Twilight soundtrack. I did four really cool films this year, two I'm especially proud of — one called Empire State with Liam Hemsworth and ... In Your Eyes, that was written ... by Joss Whedon."

Jackson Rathbone: "I've been focusing on my production company, trying to get projects launched. It's a learning process as a producer just as much as I constantly learn as an actor. I do have hopes to direct. And I always make independent music through my record label, Happy Jack Music."

Ashley Greene: "We're all thankfully working. I'm doing this movie, CBGB, right now that's very independent. Everyone involved is a well-oiled machine. It's just fun..."

Peter Facinelli: "I was doing Nurse Jackie and the Twilight saga literally shooting simultaneously for three or four years, so it's hard even now going to Nurse Jackie and not having another job to go to."

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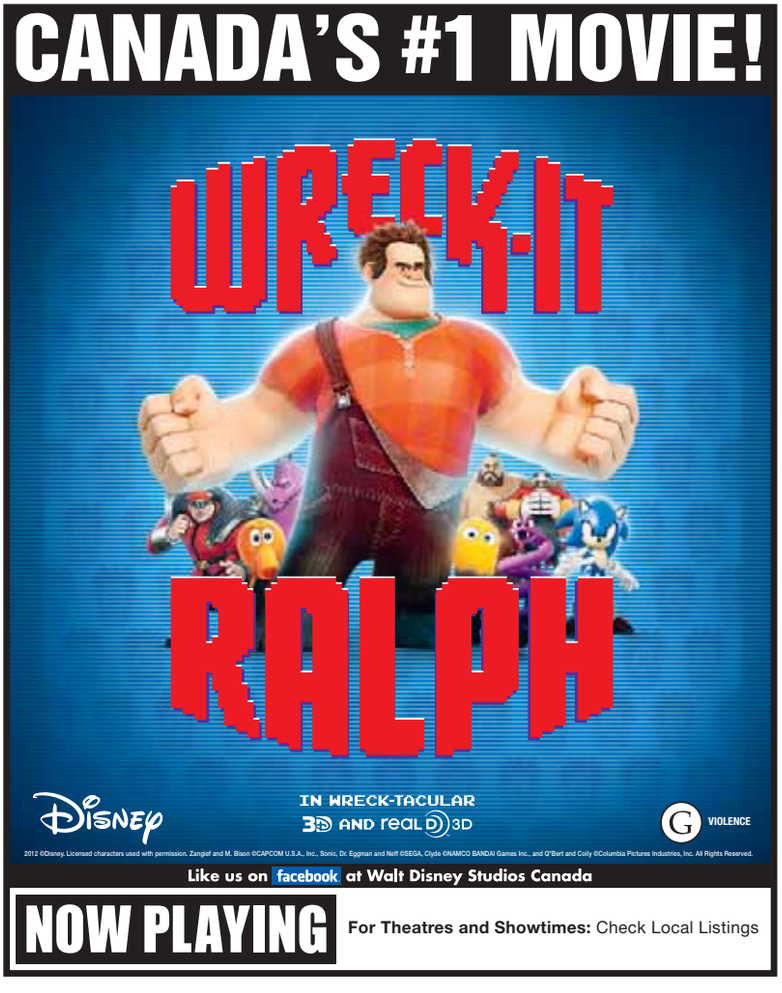
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Longing for that 1980s bully

MIKE DOJC
scener@metronews.ca

Contemporary bullying is a lot more diabolical than it used to be, mainly because the physical and psychological assault no longer lets up when the school bell rings.

Social media has made it possible to keep the harassment train chugging along with the relentlessness of a freight train, 24/7.

With the 10th annual Bullying Awareness Week kicking off Nov. 12, we take a wistful look back at 1980s movie meatheads, those one-dimensional beat-down artists who, in the end, always got their just dessert.

Moody My Bodyguard 1980

Moody (Matt Dillon) and his flunkies run an extortion ring, taking their classmates' lunch money in exchange for "protection."

When the new kid, Clifford, refuses to go along, Moody and his minions make his life miserable: elbowing him on the basketball court, tripping him and dumping rotting garbage in his gym locker. Clifford fights back by befriending the school's reclusive misfit Linderman (Adam Baldwin), whose reputation reduces Moody's crew to cowering gerbils. But Moody's a resilient thug and recruits his own strapping bodyguard to regain his status.

Gets What's Coming: With Linderman in his corner during the climactic fight scene, Clifford manages to break Moody's nose.

Johnny Lawrence Karate Kid 1984

The prized pupil of a sensei with sadistic tendencies, Lawrence, (William Zabka), takes Cobra Kai's "Strike first, strike hard, no mercy" ethos outside of the dojo.

While on the surface JL fits the part of the archetypal alpha dog, cruising around in a red Avanti convertible and his late model Honda dirt bike, the All-Valley Karate champ is hurting.

He has recently broken up with is girlfriend Ali (Elisabeth Shue) and he wants her back.

Lawrence channels his anger toward the new kid from New Jersey who is making a play at his ex.

Gets What's Coming: Daniel-son waxes him with a crane kick. In defeat though, he learns humility and respect: "You're all right, LaRusso!"

Chet Donnelly Weird Science 1985

Chet (Bill Paxton) is a crewcut Neanderthal who gets his jollies picking on his younger brother Wyatt and his friend Gary.

A triple threat tormentor, this psycho sibling traffics in lapel scrunching wall-shoves, wedgies, breakfast larceny, and puerile insults that tend to feature the words 'buttwad' and 'dickweed'.

But his top tier taunts are ever so slightly more nuanced: "You two donkey dicks couldn't get laid in a morgue."

Gets What's Coming: Computer generated vixen, supermodel Kelly LeBrock, uses her I Dream of a Supermodel Genie powers to transform Paxton into a slimy monster that could pass for Jabba the Hut's son.

Biff Tannen Back to the Future 1985

The bully plies his trade in the past, present, and future throughout the trilogy.

Resentful of anybody with more brains than the pea sized one he's packing between his ears, Biff attempts to level the intellectual playing field between him and George McFly by connecting fist with cranium. The "hello, hello, anybody home?" McFly taunt would become a popular real-life bullying technique.

The McFly family nemesis even manages to bully himself in the first sequel. "It's 'leave,' you idiot! Make like a tree, and leave. You sound like a damn fool when you say it wrong," he says, berating his younger self.

Gets What's Coming: Biff gets covered in manure when trying to ram a skateboarding Marty McFly into a truck and George McFly gets the girl after KO'ing Biff with a left hook.

The Alpha Betas & Pi Delta Pis Revenge of the Nerds 1984

After being rejected by every frat at Adams College the nerds form their own.

The campus Greek community is less than welcoming and unleashes a series of demeaning pranks on the nerdy Tri-Lams.

Get What's Coming: When pushed to the brink, the nerd herd unleashes its superior (and hormonally fueled) intellect. They stage a series of retaliatory attacks on the Alpha Betas, a panty raid on the Pi Delta Pi sorority complete with the installation of spy cameras and are ultimately victorious at the school's Greek Games, cementing the nerds' status as the new Big Men on Campus.

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Photographer James Balog, left, and director Jeff Orlowski. HANDOUT

Frigid temperatures, blizzards no match for filmmaker

Chasing Ice. Jeff Orlowski details the difficulties in putting together a film meant to move people

REGAN REID
scene@metronews.ca

You're in Greenland. It's freezing — actually, it's 40 degrees below freezing — and you're trying to sleep, but the sound of your own chattering teeth is keeping you awake.

It sounds like an episode of Man Vs. Wild, but this was just part of the job for Jeff Orlowski, director of Chasing Ice, which opens on Friday.

In 2007, Orlowski began documenting photographer James Balog's quest to provide visual evidence of the world's changing climate.

Orlowski followed Balog, founder of the Extreme Ice Survey (EIS), as he installed 27 time-lapse cameras throughout the Arctic in order to capture the rapid decline of the world's glaciers. The results were dramatic.

Originally, Chasing Ice wasn't meant to be a film about climate change. In fact, it wasn't meant to be a film at all.

"When I first met James and when he first got the project started, we weren't planning on making a film," says Orlowski. "We really just wanted to document (EIS) and have a record of the video footage, just in case."

At the very least, he says, the footage could have been used for marketing material.

A year and a half into the project, however, Orlowski realized he had the makings of a "really, really strong film."

But he didn't want to make yet another climate change documentary.

"We felt that doing a film about climate change, specifically, had been done before. What we had that was unique was James's story and that's really what we wanted to focus on."

"I look at James being the vehicle to tell the story of this bigger issue. You can use the Extreme Ice Survey as a means to talk about climate change in a way that's not directly about climate change. It's about this adventure that the team goes on."

And making the film certainly was an adventure.

Orlowski and the crew trekked through blizzards, worked in sub-zero temperatures and even had to make an emergency landing while filming in a helicopter.

"Those were the norms just to get this project done," he says. "There was no other way we could have done it."

Though the conditions were "miserable to work in," Orlowski says nothing was as challenging as editing the film.

"By far it's been the most difficult challenge of my entire life."

Orlowski spent two and a half years piecing together hundreds of hours of footage and the result is something he hopes will make a difference.

"I've always been aware of climate change as an issue and it was always a concern, but I wasn't a huge activist about it and I wasn't out there trying to make a big difference about the issue. And I feel like having spent so much time, so closely learning about climate change and learning about the concerns that we are facing, I care about this issue so much more now than I ever did before and I recognize the severity of it," he says.

"The planet is changing. It's going to continue to change and... as a society, we need to do something about this."

Quoted

"The planet is changing. It's going to continue to change and... as a society, we need to do something about this."

Jeff Orlowski, director of Chasing Ice

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SATURDAY NOVEMBER 17
• Belguim Brews
• Hello Glenfarclas
• Tullibardine Chronicles
• Around The World in 4 Sips
• Tales of Amrut
• Canadian Legend: Forty Creek

SUNDAY NOVEMBER 18
• The Whisky Brunch with Jr. Chefs of Canada
• Scotch Vs. Rye - Great Whisky Debate
• A Walk Through Highland Park
• Top Gear of Beer
• The Glenlivet
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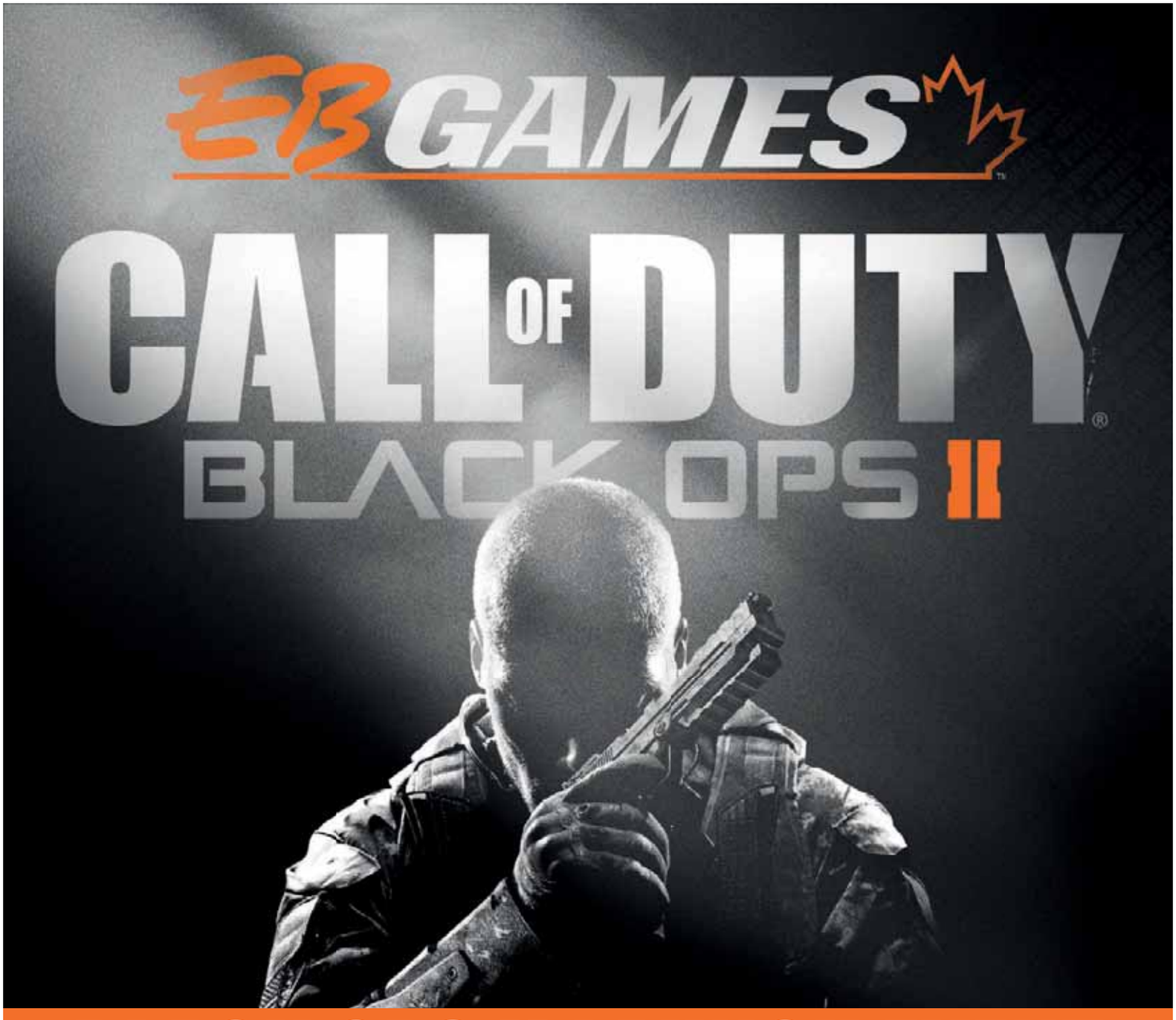

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THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 9 TO THURS., NOV.15. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Vancouver

OMNIMAX Theatre Science World 1455 Quebec St., 604-443-7443

Rocky Mountain Express (STC) Fri-Thu 1-3
To the Arctic (G) Fri 12-2 Sat-Sun 12-2-4 Mon-Thu 12-2

Dunbar Theatre 4555 Dunbar Street, 604-222-2991

Skyfall (PG) Fri-Mon 12:30-3:30-7-9:55 Tue-Thu 7-9:55

Fifth Avenue Cinemas 2110 Burrard Street, 604-734-7469

Arbitrage (14A) Fri-Wed 1:50-4:15-7:25-9:40 Thu 1:50-4:15-9:40
Argo (PG) Fri-Thu 1:40-4:30-7-9:30
The Master (14A) Fri-Thu 1:15-4-7:10-10
Midnight's Children (PG) Fri-Thu 12:50-3:45-6:50-9:50
Searching for Sugar Man (PG) Fri-Thu 3:05
The Sessions (18A) Fri-Thu 1-5-7:20-9:25

Pacific Cinémathèque 1131 Howe Street, 604-688-3456 cinematheque.bc.ca

Los Angeles Plays Itself (STC) Mon 6:30
Chinatown (18A) Sat 6:30 Mon 4
Dyketactics (STC) Fri-Sat Thu
The India Trip (STC) Sun 5:15
Kristina Talking Pictures (STC) Sun 8:30 Wed 8:30
No Films Showing Today (STC) Tue
Viva (18A) Fri 6:30 Sat 9 Thu 6:30
When the Wind Blows (STC) Sun 1
Zabriskie Point (STC) Sun 6:30 Thu 8:50

Park Theatre 3440 Cambie Street, 604-876-2747

Skyfall (PG) Fri 1-4-7-9:55-12:07 Sat-Thu 1-4-7-9:55

Ridge Theatre 3131 Arbutus Street, 604-738-6311

Call Theatre For Showtimes (STC)
Fri-Thu
Looper (14A) Fri 4-7-9:25 Sat 1:30-4
Vancouver Jewish Film Festival (STC) Fri-Thu

Rio on Broadway 1660 E. Broadway, 604-878-Film riotheatre.ca

The Best of Rio Grand Film Festival (STC) Sat
Best of the Grind Fest Shorts (STC) Mon 8
Bring Me the Head of the Machine Gun Woman (STC) Sun 9:30
Dead Sushi (STC) Sun 11
Lost in Paradise (STC) Thu 7:30
Manborg (STC) Mon 6:45
No Films Showing Today (STC) Wed
Serenity (14A) Fri 11
Ski Films (STC) Tue 7:30
Smoked (STC) Mon 9:30
Vanishing Waves (STC) Sun 7

Scotiabank Theatre Vancouver 900 Burrard St., 604-630-1407

Argo (PG) Fri-Tue 1:40-4:25-7:20-10:25 Wed-Thu 1:40-4:25-7:20-10:15
Cloud Atlas (14A) Fri-Sat 12-3-6:50-10:30 Sun 12:50-3-6:50-10:30 Mon-Tue 12-3-6:50-10:30 Wed 1:50-6:45-9:40 Thu 3-6:45-10:25
Flight (14A) Fri-Sat 1:25-4:30-7:35-10:40 Sun 12-4:30-7:35-10:40 Mon-Tue 1:25-4:30-7:35-10:40 Wed-Thu 12:50-4-7:10-10:20
Lawrence of Arabia (PG) Sun 12:30 Wed 6:30
Looper (14A) Fri-Sun 2:30-5:15-8-10:45 Mon 1-4-7:25 Tue 2:30-5:15-8-10:45 Wed-Thu 2-4:45-7:40
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55
Seven Psychopaths (18A) Fri 2:10-4:45-7:40-10:20 Sat 4:45-7:40-10:20 Sun 2:10-4:45-7:40-10:20 Mon 1:10-7:40-10:20 Tue 2:10-4:45-7:40-10:20 Wed 2:10-4:50-7:30-10:10 Thu 1:50-4:20-10:10
Skyfall (PG) No Passes Fri 12-12:40-3:10-3:50-6:30-7-9:45-10:15 No Passes Sat 11-11:30-12-12:40-3:10-3:50-6:30-7-9:45-10:15 No Passes Sun 12-12:40-3:10-3:50-6:30-7-9:45-10:15 No Passes Mon 12-1:50-3:10-3:50-6:30-7-9:45-10:15 No Passes Tue 12-12:40-3:10-3:50-6:30-7-9:45-10:15 No Passes Wed 12:30-2:30-3:35-6:15-9:30-10:15 No Passes Thu 10:30 No Passes Fri-Tue 1:10-4:20-7:30-10:45 No Passes Wed 12:55-4:05-7:15-10:30 No Passes Thu 1-2:30-4:10-6:15-7:20-9:30-10:15 No Passes Thu 12:30-3:40-6:50
Taken 2 (PG) Fri 12:30-3:40-6-8:20-10:40 Sat 1:30-3:40-6-8:20-10:40 Sun 12:10-5:15-8:20-10:40 Mon 12:30-10:40 Tue 12:30-3:40-6-8:20-10:40 Wed 1:10-3:30-10:30
Twelfth Night - Encore Presentation (STC) Thu 7
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
The Twilight Saga: Marathon (STC) Thu 12:30

Vancity Theatre Vancouver International Film Centre 1181 Seymour Street, 604-683-Film vifc.org

Big Easy Express (STC) Mon 8:50
How to Survive a Plague (STC) Fri 8:30 Sat 6:10 Sun 8:10 Thu 8:30
Keep the Lights On (STC) Fri 6:30 Sat 8:30 Sun 6:10 Mon 6:30 Tue 8:50 Thu 6:30
Latcho Drom (STC) Tue 6:30
The Life and Death of Colonel Blimp (STC) Sun 3
Waking the Green Tiger (STC) Wed 7

Vancouver Aquarium 4D Experience Theatre 845 Avison Way, 604-659-3752 vanaqua.org

The Great Salmon Run 4D Experience (STC) Fri 11:15-12:30-1:45-3-4:15 Sat-Sun 10:45-11:15-12-12:45-1:15-1:45-2:15-2:45-3:15-3:45-4:15 Mon-Thu 11:15-12:30-1:45-3-4:15
North Shore Esplanade 6
200 West Esplanade, 604-983-2762
Cloud Atlas (14A) No Passes Fri 7:20 No Passes Sat 12:40-4:20-8 No Passes Sun 7:50 No Passes Mon 7:20 No Passes Tue 7:50 No Passes Wed 6:40 No Passes Thu 7:20
Flight (14A) Fri 6:30-9:25 Sat 12:50-3:45-6:30-9:25 Sun-Thu 6:30-9:25
Here Comes the Boom (PG) Fri 7-9:35 Sat 1:10-4:05-7-9:35 Sun-Thu 7-9:35
Lawrence of Arabia (PG) Sat 12:30 Wed 6:30
Looper (14A) Fri-Tue 6:40-9:30 Thu 6:40-9:30
Pitch Perfect (PG) Fri 7:10-9:40 Sat 1:20-4:20-7:10-9:40 Sun-Thu 7:10-9:40
Wreck-It Ralph (G) Sat 1
Wreck-It Ralph 3D (G) Fri 6:50-9:15 Sat 3:55-6:50-9:15 Sun-Thu 6:50-9:15

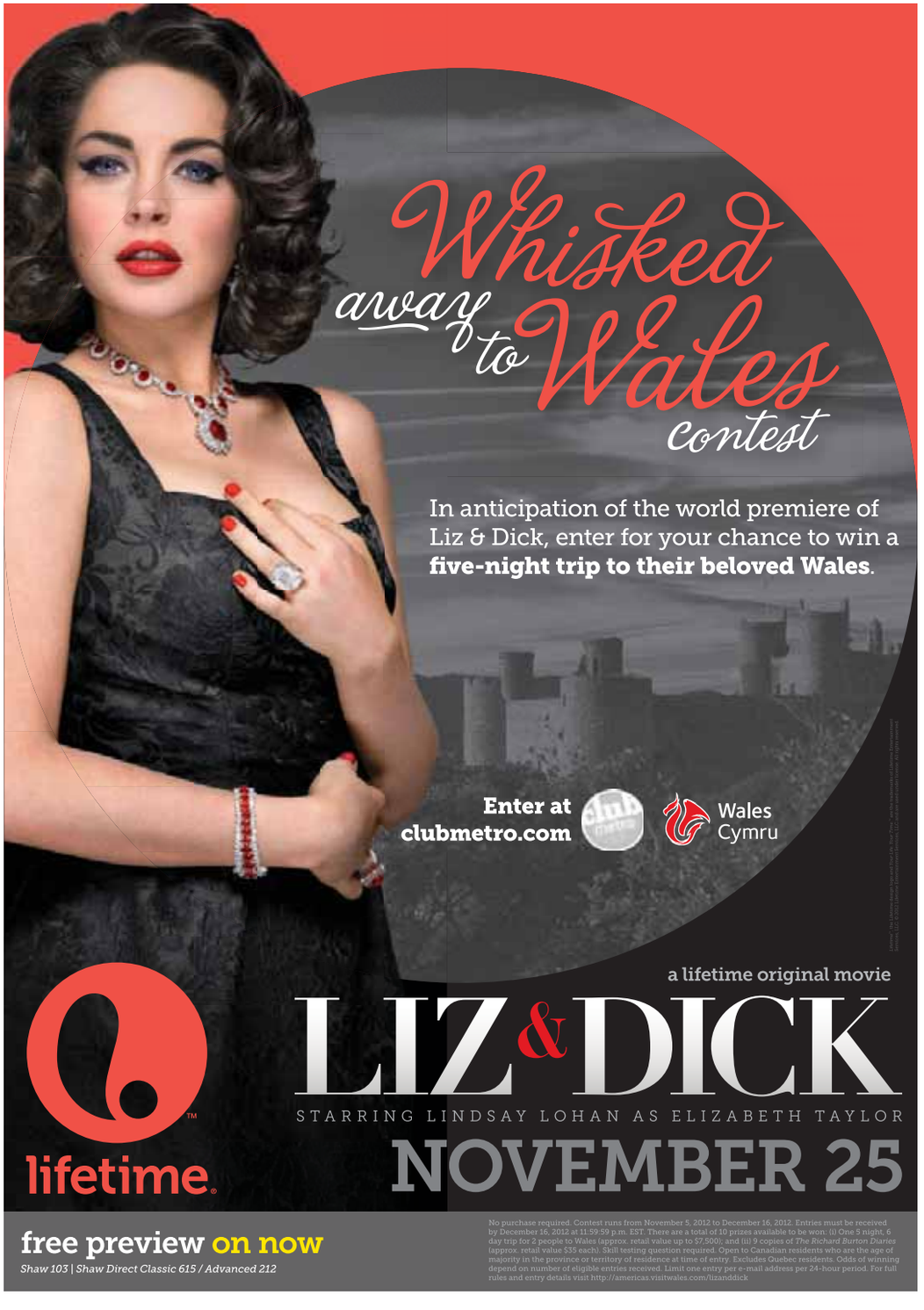
Park & Tilford 333 Brooksbank Ave., 604-985-3911

Argo (PG) Fri 6:50-9:45 Sat-Mon 1:10-4-6:50-9:45 Tue-Thu 6:50-9:45 Star & Strollers Screening Thu 1
Hotel Transylvania (G) Sat 12:20-2:30 Sun-Mon 2:30
Hotel Transylvania 3D (G) Fri 7:10-9:25 Sat-Mon 4:50-7:10-9:25 Tue 7:10-9:25 Wed 9:25 Thu 7:10
The Man With the Iron Fists (18A) Fri 7:50-10:15 Sat 1:30-5-7:15-9:30 Sun-Mon 12:40-3-5:25-7:50-10:15 Tue-Thu 7:30-9:55
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55
Midnight's Children (PG) Fri 7-10:10 Sat-Mon 12:30-3:45-7-10:10 Tue 7-10:10 Wed-Thu 7-10
Skyfall (PG) No Passes Fri 6:35-7:15-9:50-10:30 No Passes Sat-Mon 12:15-12:55-3:25-4:05-6:35-7:15-9:50-10:30 No Passes Tue 6:30-7:15-9:45-10:30 No Passes Wed-Thu 6:30-7-9:45-10:15 Star & Strollers Screening, No Passes Thu 1
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10

Richmond

SilverCity Riverport 14211 Entertainment Way, 604-272-7280

Argo (PG) Fri-Wed 1:40-4:30-7:20-10:10 Thu 4:30-7:20-10:10 Star & Strollers Screening Thu 1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No purchase required. Contest runs from November 5, 2012 to December 16, 2012. Entries must be received by December 16, 2012 at 11:59:59 p.m. EST. There are a total of 10 prizes available to be won: (i) One 5 night, 6 day trip for 2 people to Wales (approx. retail value up to $7,500); and (ii) 9 copies of The Richard Burton Diaries (approx. retail value $35 each). Skill testing question required. Open to Canadian residents who are the age of majority in the province or territory of residence at time of entry. Excludes Quebec residents. Odds of winning depend on number of eligible entries received. Limit one entry per e-mail address per 24-hour period. For full rules and entry details visit http://americas.visitwales.com/lizanddick

SilverCity Riverport
14211 Entertainment Way, 604-272-7280

Cloud Atlas (14A) Fri-Mon 12:25-2:55-6:35-10:15 Tue-Thu 2-5:45-9:30
Dangerous Liaisons (PG) Fri-Mon 12-2:35-5:10-7:45-10:25 Tue-Thu 1:40-4:20-7-9:40
Flight (14A) Fri-Tue 1:15-4:20-7:30-10:40 Wed 1:05-4:10-7:20-10:30 Thu 4:10-7:20-10:30 Star & Strollers Screening Thu 1
Fun Size (PG) Fri-Mon 12:30 Tue-Wed 1:20 Thu 12:30
Here Comes the Boom (PG) Fri-Mon 12:30-3:05-5:40-8:15-10:50
Hotel Transylvania (G) Fri-Thu 12:40-3
Hotel Transylvania 3D (G) Fri-Thu 5:20-7:40-9:55
Jab Tak Hai Jaan (STC) No Passes Tue-Thu 2-5:40-9:30
Lawrence of Arabia (PG) Sun 12:30 Wed 6:30
Looper (14A) Fri-Wed 1:50-4:50-7:40-10:25 Thu 12:45-3:45-10:30
The Man With the Iron Fists (18A) Fri-Tue 1:05-3:30-5:50-8:15-10:40 Wed-Thu 12:55-3:20-5:40-8:05-10:30
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55
Paranormal Activity 4 (14A) Fri-Mon 4-6:15-8:30-10:50 Tue-Wed 3:35-5:50-8:05-10:25 Thu 2:45-5-7:15
Pitch Perfect (PG) Fri-Thu 2:10-4:50-7:35-10:20
Seven Psychopaths (18A) Fri-Wed 2:05-4:45-7:25-10:05
Silent Hill: Revelation 3D (18A) Fri-Mon 1:10-3:30-5:50-8:10-10:30 Tue 1:05-3:25-5:45-8:05-10:30 Wed-Thu 1:05-3:25-5:45-8:05 Thu 10:30
The Simpsons Movie (PG) Sat 11
Sinister (14A) Fri-Sat 2:35-5:15-7:55-10:35 Sun 5:30-8:05-10:45 Mon 2:35-5:15-7:55-10:35
Skyfall (PG) No Passes Fri-Mon 12-3:10-6:30-9:45 No Passes Tue-Wed 3:10-6:30-9:45 No Passes Thu 10 No Passes Fri-Tue 1:10-4:20-7:30-10:45 No Passes Wed 12:55-4:05-7:15-10:30 No Passes Thu 3:10-6:30-9:30 No Passes Thu 12:30-3:40-6:50
Skyfall: The IMAX Experience (PG) No Passes Fri-Tue 12:40-3:50-7-10:15 No Passes Wed 12:25-3:35-6:45-10 No Passes Thu 12:55-4:05-7:15-10:30
Son of Sardar (STC) No Passes Tue-Thu 12:45-3:50-7:05-10:15
Tai Chi Zero (PG) Fri-Mon 9:55 Tue 10:35 Wed-Thu 10:30
Taken 2 (PG) Fri-Tue 1:20-3:40-6-8:20-10:45 Wed-Thu 12:45-3:05-5:25-10:30 Thu 8
Twelfth Night - Encore Presentation (STC) Thu 7
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
The Twilight Saga: Marathon (STC) Thu 12:30
Wreck-It Ralph (G) No Passes Fri-Mon 2:10-4:45-7:20 No Passes Tue 2:40-5:25-8 No Passes Wed 12:45-3:30-7:50 No Passes Thu 2:40-5:25-8
Wreck-It Ralph 3D (G) No Passes Fri-Mon 12:20-2:55-5:30-8:05-10:35 No Passes Tue-Thu 1:35-4:15-6:50-9:45

Burnaby

Dolphin Cinemas
4555 E. Hastings St., 604-293-0332

Argo (PG) Fri-Wed 9:15
Here Comes the Boom (PG) Fri 7 Sat-Mon 2:55-7 Tue-Thu 7
Hotel Transylvania (G) Fri 5:05 Sat-Mon 1-5:05 Tue-Thu 5:05
Skyfall (PG) Fri 4-6:50-9:40 Sat-Mon 1:15-4-6:50-9:40 Tue-Thu 4-6:50-9:40
The Twilight Saga: Breaking Dawn Part 2 (14A) Thu 10

SilverCity Metropolis
4700 Kingsway Ave., 604-435-7474

Argo (PG) Fri-Wed 1:40-4:30-7:20-10:10 Thu 1:40-4:30-7:15
Cloud Atlas (14A) Fri 12:50-3:05-6:50-10:30 Sat-Sun 3:05-6:50-10:30 Mon-Tue 12:50-3:05-6:50-10:30 Wed 12:10-3:05-6:50-10:25 Thu 12:50-3:05-6:50-10:25
Flight (14A) Fri-Tue 1:25-4:30-7:35-10:40 Wed-Thu 12:45-3:55-7:05-10:10
Hotel Transylvania (G) Fri-Wed 12:30-2:50
Lawrence of Arabia (PG) Sun 12:30 Wed 6:30
Looper (14A) Fri 12:25-4:25-7:15-10:05 Sat 1:45-4:25-7:15-10:05 Sun 12:25-5:20-8-10:45 Mon-Tue 12:25-4:25-7:15-10:05 Wed 12:15-3:45 Thu 12:25-4:25-7:15-10:05
The Man With the Iron Fists (18A) Fri-Thu 12:35-3-5:25-7:45-10
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55
Silent Hill: Revelation (18A) Fri-Wed 5:20-7:40-9:55
The Simpsons Movie (PG) Sat 11
Skyfall (PG) No Passes Fri 12-12:40-3:10-3:50-6:20-7-9:35-10:15 No Passes Sat 11:50-12:40-3:10-3:50-6:20-7-9:35-10:15 No Passes Sun-Wed 12-12:40-3:10-3:50-6:20-7-9:35-10:15 No Passes Thu 12:10-3:20-10-10:15 No Passes
Fri-Tue 1:10-4:20-7:30-10:45 No Passes Wed 12:55-4:05-7:15-10:30 No Passes Thu 1-4:10-7:20-10:30 No Passes Thu 12:30-3:35-6:45
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
The Twilight Saga: Marathon (STC) Thu 12:30
Wreck-It Ralph (G) No Passes Fri 12:05 No Passes Sat 10:50-12:05 No Passes Sun-Thu 12:05
Wreck-It Ralph 3D (G) No Passes Fri-Tue 2:40-5:15-7:50-10:25 No Passes Wed-Thu 2:35-5:10-7:45-10:20

New West/ Coquitlam

SilverCity Coquitlam
170 Schoolhouse Street, 604-523-2911

Argo (PG) Fri-Tue 1:35-4:25-7:15-10:05 Wed 4:25-7:15-10:05 Thu 1:35-4:25-7:15-10:05 Fri-Tue 1:45-4:45-7:45-10:40 Wed-Thu 4:40-7:35-10:30 Star & Strollers Screening Wed 1
Cloud Atlas (14A) Fri-Sat 12:25-3:10-6:50-10:30 Sun 3:10-6:50-10:30 Mon-Tue 12:25-3:10-6:50-10:30 Wed-Thu 1:05-4:40-8:15 Fri 1:15-5-8:45 Sat 1:25-5:05-8:45 Sun-Tue 1:15-5-8:45 Wed-Thu 5:45-9:30
Flight (14A) Fri-Tue 1:15-4:25-7:35-10:45 Wed 4:15-7:25-10:30 Thu 1:05-4:15-7:25-10:30 Fri-Tue 12-3:15-6:40-9:55 Wed-Thu 3:20-6:40-9:55 Star & Strollers Screening Wed 1
Fun Size (PG) Fri-Tue 12:55-3:15-5:35-7:55 Wed-Thu 1:05-3:20-5:35-7:55
Hotel Transylvania (G) Fri-Tue 12:40-3 Wed-Thu 12:55-3:10
Hotel Transylvania 3D (G) Fri-Tue 5:20-7:40-10 Wed-Thu 5:25-7:40-10
Lawrence of Arabia (PG) Sun 12:30 Wed 6:30
Looper (14A) Fri-Tue 2:05-4:55-7:45-10:35 Wed 2:05-4:55-7:45-10:30 Thu 1:35-4:20-7:05
The Man With the Iron Fists (18A) Fri-Tue 1-3:25-5:50-8:15-10:40 Wed-Thu 1-3:20-5:40-8-10:20
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55 Sat 9:55
Paranormal Activity 4 (14A) Fri-Sat 12:55-4-6:15-8:30-10:45 Sun 12:55-6:15-8:30-10:45 Mon-Tue 12:55-4-6:15-8:30-10:45 Wed-Thu 1:15-3:30-5:50-8:10-10:30
Seven Psychopaths (18A) Fri-Tue 1:50-4:30-7:10-9:50 Wed 1:50-4:30-7:10 Thu 1:35-4:15-10:25
Silent Hill: Revelation (18A) Fri-Thu 10:15
The Simpsons Movie (PG) Sat 11
Sinister (14A) Fri-Thu 9:55
Skyfall (PG) No Passes Fri-Tue 12-3:15-6:30-9:45 No Passes Wed 3:15-6:30-9:45 No Passes Thu 12:55-4:05-7:15-10-10:30 No Passes Fri-Tue 12:20-2:40-3:40-6-7-9:30-10:20 No Passes Wed-Thu 3:40-5-7-8:15-10:20 No Passes Fri-Tue 1:10-4:20-7:30-10:45 No Passes Wed 12:55-4:05-7:15-10:30 No Passes Thu 12:30-3:40-6:50
Taken 2 (PG) Fri-Tue 12:40-3:05-5:35-8-10:25 Wed 12:55-3:15-10:25 Thu 12:55-3:15-5:35-8-10:25
The Thieves (PG) Fri-Tue 12:45-3:50-7-10:10 Wed-Thu 1-4-7-10:10
Twelfth Night - Encore Presentation (STC) Thu 7
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
Wreck-It Ralph (G) No Passes Fri 2:10-4:45-7:20 No Passes Sat 11:15-2:10-4:45-7:20 No Passes Sun-Tue 2:10-4:45-7:20 No Passes Wed-Thu 1:40-4:20-7
Wreck-It Ralph 3D (G) No Passes Fri-Tue 12:20-2:55-5:30-8:05-10:40 No Passes Wed-Thu 2:25-5:05-7:45-10:25

Surrey/White Rock/Langley

Clova
5732-176th St., Surrey, 604-541-9527

Wreck-It Ralph (G) Fri 7 Sat-Sun 1:30-7 Mon-Thu 7

Hollywood 3 Cinema
7125-138th Street, Surrey, 604-592-4441

Brave 3D (G) Fri-Thu 5
Frankenweenie (G) Fri-Mon 12:30
Frankenweenie 3D (G) Fri-Mon 3-7:05 Tue-Thu 7:05
Fun Size (PG) Fri-Thu 5
Here Comes the Boom (PG) Fri-Mon 12:30-2:45-7 Tue-Thu 7
Ice Age: Continental Drift 3D (G) Fri-Sat 1 Mon 1
Looper (14A) Fri-Thu 9:15
Paranormal Activity 4 (14A) Fri-Thu 9:10
ParaNorman (PG) Fri-Mon 2:30
Pitch Perfect (PG) Fri-Thu 4:30-6:55
Sinister (14A) Fri-Thu 9:05

Strawberry Hill Grande
12161-72nd Ave, Surrey, 604-501-9400

Argo (PG) Fri-Tue 1:40-4:30-7:20-10:15 Wed 4:30-7:20-10:15 Thu 1:40-4:30-7:20-10:15 Star & Strollers Screening Wed 1
Cloud Atlas (14A) Fri-Mon 1:10-4:50-8:30
Flight (14A) Fri-Tue 1:25-4:30-7:35-10:40 Wed-Thu 1:20-4:25-7:25-10:25
Hotel Transylvania (G) Fri-Mon 12:40-3
Hotel Transylvania 3D (G) Fri-Mon 5:20-7:40-9:55
Jab Tak Hai Jaan (STC) No Passes Tue 1:15-1:45-5:10-5:40-9:05-9:30 No Passes Wed-Thu 1:15-1:35-5:10-5:30-9:05-9:20
Luv Shuv Tey Chicken Khurana (PG) Fri-Wed 1:30-5-8:15 Thu 1:15-4:30-7:30
The Man With the Iron Fists (18A) Fri-Tue 1:05-3:30-5:55-8:20-10:45 Wed-Thu 1-3:25-5:45-8:10-10:30
Midnight's Children (PG) Fri-Thu 1:20-4:45-8:10
Power Cut (PG) Fri-Thu 2-6-9
The Simpsons Movie (PG) Sat 11
Skyfall (PG) No Passes Fri-Sun 12:30-1:10-3:40-4:20-6:50-7:30-10:05-10:45 No Passes Mon 12:25-1:10-3:35-4:20-6:45-7:30-10-10:45 No Passes Tue 12:30-1:10-3:40-4:20-6:50-7:30-10:05-10:45 No Passes Wed 12:30-1:10-3:40-4:20-6:50-7:25-10:05-10:30 No Passes Thu 1:10-1:45-3:35-4:20-6:50-7:25-10:30-10:45
Son of Sardar (STC) No Passes Tue-Thu 1:30-5-8:30

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Student of the Year (PG) Fri-Mon 1-4:30-8
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
Wreck-It Ralph (G) No Passes Fri-Tue 12:20-2:55 Star & Strollers Screening, No Passes Wed 1 No Passes Thu 1
Wreck-It Ralph 3D (G) No Passes Fri-Tue 5:30-8:05-10:35 No Passes Wed-Thu 5:15-7:50-10:25

Studio 12 Guildford 15051-101st Ave, Surrey, 604-581-1176

Argo (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 1:15-4:05-6:55-9:45 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 4:05-6:55-9:45 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5:10-7:55
Cloud Atlas (14A) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 4-8 Digital Presentation, Dolby Stereo Digital, Stadium Seating Thu 8
Coldplay Live 2012 (STC) Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed 7:15
Fun Size (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 1:20-3:40-6:35 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 3:40-6:35
Here Comes the Boom (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 12:40-3:35-6:20-9:05 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 3:35-6:20-9:05 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed 5:25-8 Digital Presentation, Dolby Stereo Digital, Stadium Seating Thu 5:25
Hotel Transylvania (G) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Tue 4:10-9 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed 5:20-7:45 Digital Presentation, Dolby Stereo Digital, Stadium Seating Thu 5:20
Hotel Transylvania 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Mon 1:25-6:30 Dolby Stereo Digital, Stadium Seating Tue 6:30 Dolby Stereo Digital, Stadium Seating Thu 7:45
The Man With the Iron Fists (18A) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 1:30-4:40-7:30-9:50 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 4:40-7:30-9:50 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5:40-8:20
Paranormal Activity 4 (14A) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 12:55-3:50-7:15-9:30 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 3:50-7:15-9:30 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed 5:35-7:50 Digital Presentation, Dolby Stereo Digital, Stadium Seating Thu 5:35
Power Cut (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Tue 3:20-6:25-9:25 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5:05-8:05
Silent Hill: Revelation 3D (18A) Dolby Stereo Digital, Stadium Seating Fri-Mon 1:45-4:45-7:35-9:55 Dolby Stereo Digital, Stadium Seating Tue 4:45-7:35-9:55 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:55-8:35
Sinister (14A) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Tue 9:10
Skyfall (PG) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 1:05-3:25-4:25-6:45-7:45-10 Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 3:25-4:25-6:45-7:45-10 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5-5:30-8:15-8:45
Son of Sardar (STC) Digital Presentation, Dolby Stereo Digital, Stadium Seating Tue 4:15-7:50 Digital Presentation, Dolby Stereo Digital, Stadium Seating Wed-Thu 5:15-8:30
The Twilight Saga: Breaking Dawn Part 2 (14A) Digital Presentation, Dolby Stereo Digital, Stadium Seating Thu 10-10:30
Wreck-It Ralph (G) Digital Presentation, Dolby Stereo Digital, Stadium Seating Fri-Mon 12:45
Wreck-It Ralph 3D (G) Dolby Stereo Digital, Stadium Seating Fri-Tue 3:55-7:05-9:40 Dolby Stereo Digital, Stadium Seating Wed-Thu 5:45-8:25

Rialto 1732-152nd Street, White Rock, 604-541-9527, criterion-theatres.com

Argo (PG) Fri 7-9:15 Sat-Mon 2:10-7-9:15 Tue-Thu 7-9:15
Cloud Atlas (14A) No Passes Fri 7:30 No Passes Sat-Mon 2-7:30 No Passes Tue-Thu 7:30

Criterion 4 White Rock 2381 King George Highway, 604-531-7456, criterion-theatres.com

Flight (14A) Fri-Sun 2:10-6:45-9:20 Mon 2:10-7:30 Tue-Thu 7:30
Hotel Transylvania (G) Fri-Mon 2:30-7:20 Tue-Thu 7:20
Paranormal Activity 4 (14A) Fri-Thu 9:15
Skyfall (PG) No Passes Fri-Mon 2-7-9:40 No Passes Tue-Thu 7-9:40
Wreck-It Ralph (G) Fri-Mon 2:20-7:10-9:10 Tue-Thu 7:10-9:10

Colossus Langley 20090-91A Ave, Langley, 604-513-8747

Argo (PG) Fri-Mon 1:35-4:25-7:20-10:15 Tue-Thu 4:15-7:20-10:05
Chasing Mavericks (G) Fri-Mon 2:15-4:55-7:40-10:25 Tue-Wed 4:40-7:40-10:25
Cloud Atlas (14A) Fri-Mon 1:10-4:50-8:30

Denzel Washington yet again takes on the role of a hero with a dark side in Flight. HANDOUT

Tue-Thu 4:10-8
Flight (14A) Fri-Mon 1:25-4:30-7:35-10:40 Tue 3:45-7:15-10:20 Wed 7:15-10:20 Thu 3:45-7:15-10:20 Star & Strollers Screening Wed 3
Fun Size (PG) Fri 1:35 Sat 11:10-1:35 Sun-Mon 1:35
Here Comes the Boom (PG) Fri-Mon 12:35-3:05-5:40-8:15-10:45 Tue-Wed 3:45-7:05-9:50 Thu 3:45-7:05
Hotel Transylvania (G) Fri-Mon 12:40-3
Hotel Transylvania 3D (G) Fri-Mon 5:20-7:40-9:55 Tue-Thu 4:15-7:20-9:40
Lawrence of Arabia (PG) Sun 12:30 Wed 6:30
Looper (14A) Fri-Mon 1:40-4:25-7:15-10 Tue-Thu 4:25-7:15-10
The Man With the Iron Fists (18A) Fri-Mon 1:05-3:30-5:55-8:20-10:40 Tue-Thu 4:50-7:50-10:30
The Metropolitan Opera: The Tempest Live (STC) Sat 9:55
Midnight's Children (PG) Fri-Mon 12:15-3:40-7:10-10:30 Tue-Thu 4:25-7:55
Paranormal Activity 4 (14A) Fri-Mon 4-6:15-8:30-10:45 Tue-Wed 5-7:45-10:10 Thu 5-10:25
Pitch Perfect (PG) Fri 2:10-4:50-7:35-10:20 Sat 11:20-2:10-4:50-7:35-10:20 Sun-Mon 2:10-4:50-7:35-10:20 Tue 4:20-7:10-10:15 Wed 7:10-10:15 Thu 4:20-7:10-10:15 Star & Strollers Screening Wed 3
Seven Psychopaths (18A) Fri-Mon 2:10-4:45-7:30-10:20 Tue-Thu 4:30-7:25-10:20
Silent Hill: Revelation (18A) Fri-Mon 10:10 Tue-Thu 9:45
The Simpsons Movie (PG) Sat 11
Sinister (14A) Fri-Sat 2:40-5:20-8-10:40 Sun 5:20-8-10:40 Mon 2:40-5:20-8-10:40 Tue 4:40-7:40-10:25 Wed 3:50-7:40 Thu 3:50-7:40-10:25
Skyfall (PG) No Passes Fri-Mon 12-3:10-6:30-9:45 No Passes Tue-Thu 3:30-6:40-9:50 No Passes Fri-Mon 1:10-4:20-7:30-10:45 No Passes Tue 4:20-7:30-10:45 No Passes Wed 4:05-7:15-10:30 No Passes Thu 10 No Passes Thu 3:40-6:50
Skyfall: The IMAX Experience (PG) No Passes Fri-Mon 12:40-3:50-7-10:15 No Passes Tue 3:50-7-10:15 No Passes Wed 3:35-6:45-10 No Passes Thu 4:05-7:15-10:30
Taken 2 (PG) Fri-Mon 1:05-3:25-5:55-8:15-10:35 Tue 5-7:35-10 Wed 5-10:30 Thu 5-7:35-10
Twelfth Night - Encore Presentation (STC) Thu 7
The Twilight Saga: Breaking Dawn Part 2 (14A) No Passes Thu 10
The Twilight Saga: Marathon (STC) Thu 12:30
Wreck-It Ralph (G) No Passes Fri 2:15-4:45-7:20 No Passes Sat 11:30-2:15-4:45-7:20 No Passes Sun-Mon 2:15-4:45-7:20 No Passes Tue-Thu 4:05-6:55
Wreck-It Ralph 3D (G) No Passes Fri-Mon 12:30-3-5:30-8:05-10:35 No Passes Tue-Thu 4:50-7:30-10:25

Twilight Drive-In 260th Street & Fraser Highway, Langley, 604-856-5063

Argo (PG) Fri-Sun 7:30
Cloud Atlas (14A) Fri-Sun 9:40
No Films Showing Today (STC) Mon-Thu

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Soundgarden, Green Day and Deftones headline biggest release day of year

Along with these picks, we'll see new albums from Celine Dion, One Direction, Susan Boyle, 50 Cent, Big Boi, Christina Aguilera and Brian Eno, plus the Rolling Stones' new greatest hits

SOUND CHECK
Alan Cross
scene@metronews.ca

Been Away Too Long/ Soundgarden

Almost three years after the band re-united, a new album is finally ready. Let's see how King Animal does.

1

Stray Heart/ Green Day

The second part of Green Day's three-album triptych is ready. Billie Joe Armstrong is not. He could be in rehab until early next year.

2

Tempest/ Deftones

As bass player Chi Cheng struggles to recover from a 2008 car accident, life goes on for the Deftones. Koi No Yokan is their seventh studio record.

3

On the web

Scan this code or visit metronews.ca to listen to Alan Cross's selections.

Adam Lambert. Hosting the 2012 VH1 Divas show

VH1 Divas will be getting some testosterone this year: Adam Lambert is joining in.

Lambert will host and perform at the Dec. 16 event. Miley Cyrus, Demi Lovato, Kelly Rowland, Jordin Sparks and Ciara will also hit the stage at the special honouring dance music and its current and classic divas. Tributes to Whitney Houston and Donna Summer are also planned. VH1 Divas will benefit VH1's Save the Music Foundation.

THE ASSOCIATED PRESS

Adam Lambert. GETTY IMAGES

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Robert Pattinson and Kristen Stewart. ALL GETTY IMAGES

Pattinson and Stewart 'live together again'

While the reunion between Kristen Stewart and Robert Pattinson hasn't become official yet, the Twilight co-stars are practically living together again, according to Us Weekly. Sources say Pattinson has been spending his nights lately at Stewart's new $2 million home despite his own being nearby. "They basically live together again," a source says.

Taylor Swift

Why do Taylor's relationships fail? Ask her friends

Taylor Swift's troubled love life is legendary — and the inspiration for many a hit song for the singer. But to hear her friends tell it, Swift herself is to blame for the fact that none of her relationships last. "All Taylor wants is to be loved," a source close to the singer tells Us Weekly. "She's a prisoner of her work. It takes up all of her time. She overworks relationships. She puts so much pressure on them, it ultimately kills the deal. Then she's baffled as to why it didn't work."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Cyrus: I'm only having one marriage (and one divorce)

THE WORD
Dorothy Robinson
scene@metronews.ca

Miley Cyrus went on The Ellen DeGeneres Show to clear up a few things regarding that whole "I'm having three marriages" rumour (apparently spread by father Billy Ray) that's been going around.

"There is some rumour going around that I'm having, like, 47 weddings. I'm not," Miley told Ellen on Thursday. "I'm having one wedding. That's my day and whatever I want on that day will be about me and that moment."

But that doesn't mean the wedding will be anytime soon, as the 19-year-old is working on her career. "I'm so focused on my record. … I kind of don't want to be in between touring and trying to plan all that, because I didn't really realize until I got a wedding planning book what you have to decide on," she said. "Like, I don't care what colour the napkins are, to be honest. I really don't care."

Smart girl: Hosting three weddings sounds like a logistical nightmare. Does that mean guests have to give her three presents? Do they have to do the Electric Slide three times? And does it mean she would (inevitably) have to have three divorces?

John Travolta

Travolta defended by long-time friend Alley

John Travolta has been fending off a lot of accusations about his sexuality lately, with several male masseurs suing the star for sexual harassment and assault this year, but he has at least one ally in his corner — longtime friend Kirstie Alley. "I know John with all my heart and soul, and he's not gay," the actress tells Barbara Walters in an interview, calling Travolta the "greatest love of my life." Alley has her own theories for the persistent speculation about Travolta's sexuality. "I think in Hollywood, if someone gets famous enough, and they're not out doing drugs and womanizing, what do you say about them?"

Twitter

@JuddApatow
I don't do well when Mad Men is not on.

@MrCraigBierko
Dear People of Ohio Who Keep Including Me In Your Location Updates, please stop it or I'll push a button and send you to the cornfield

@MichaelChiklis
I want you all to look at your twitter feed & see how many hateful, vitriolic things (if any) you have written. Then look in the mirror.

@SarahKSilverman
Let's not wait for the apocalypse or an alien attack to love each other y'all

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Peter Rockwell
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If there's one thing I learned from visiting a gazillion wineries across Australia in record time is that there's more to Down Under than red wines. While they've become synonymous with the dark, spicy goodness that is shiraz; the thick, meaty fruit of Cabernet Sauvignon; and more recently, plump, fruit-forward pinot noir, the Aussies make darn fine white wines too.

I think it was me who said that you really have to wrap your lips around reds before you can fully appreciate whites.

Oz's New World climate is a perfect home for the development of white wines with rich, flowing personalities that, more often than not, massage unique flavour profiles from familiar fruit.

Chardonnay, Sauvignon blanc and riesling are the big three whites in Australia — with pinot grigio making some major in-roads, as is the lesser know viognier.

Yet another expat French varietal from the Rhone Valley, viognier's plush, white pepper character and lightly tropical style is well represented in Yalumba's 2011 Y Series Viognier ($15.99 to $17.99) from South Australia.

It's a great wine to pair with a wide variety of cheeses, along with grand roast poultry dinners, and Thai and Asian cuisine.

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Add colours and textures to your table

Asian Beef with Crisp Vegetables. Stir-fry is a tasty and easy way to serve up protein, vegetables and grains on one plate

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rosereisman.com

Beef stir-fry is an all-time favourite for the family, especially the kids. It's the one way I make sure my kids are getting their protein, vegetables and grains.

Be sure not to overcook the vegetables. Use the best quality steak, such as rib eye, sirloin, filet or New York. You can serve this over rice or rice noodles. The colours and textures of this dish give it great eye appeal.

1. Sauce: Whisk stock, brown sugar, soy sauce, vinegar, sesame oil, cornstarch, garlic and ginger in a bowl. Set aside.

Ingredients

- 3/4 cup beef (or chicken) stock
- 1/4 cup packed brown sugar
- 2 tbsp low-sodium soy sauce
- 2 tbsp rice vinegar
- 2 tsp sesame oil
- 1 tbsp cornstarch
- 2 tsp finely chopped garlic
- 1 1/2 tsp finely chopped ginger
- 12 oz boneless grilling steak
- 2 tsp vegetable oil
- 1 1/2 cups chopped broccoli
- 1 1/2 cups thinly sliced red bell pepper
- 1 1/2 cups snow peas
- 1/4 cup chopped cilantro or parsley
- 1/4 cup chopped green onions
- 2 tbsp chopped toasted cashews (optional)

This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

2. Lightly coat a large, nonstick skillet with cooking spray and place over high heat. When the skillet is hot, brown the beef for 3 minutes, or until it's browned but still rare. Remove from the pan, let rest for 5 minutes, then slice thinly.

3. Respray the pan. Heat the vegetable oil, then add the broccoli, red pepper and snow peas. Cook for 3 minutes. Return the beef to the pan. Stir the sauce and add to the pan. Stir-fry for 2 minutes or until the sauce is thickened and bubbly and the beef is done to your liking. Be careful not to overcook.

4. Place on a serving platter and garnish with cilantro or parsley, green onions and cashews (if using).

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN

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Have a few gaps in your schedule you're looking to fill?
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To get even more info on these Notable happenings, make sure to check out notable.ca/nationwide/metro/Nov9

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Make It! Vancouver

This weekend, Nov. 8 to 11, get an early start on your holiday shopping and stop by the Croatian Cultural Centre to discover more than 140 crafters from across the country showcasing an assortment of crafty creations. Beat the Christmas rush and tackle that gift list, enjoy live music and perhaps even a spiked Egg Nog (it's licensed). 3250 Commercial Dr. makeitproductions.com.

Coming up: Hopscotch Festival

Mark your calendar for the 16th Annual Hopscotch Festival — one of the largest combined Beer and Whiskey festivals in Canada. This year will be bigger and better than ever with the main Grand Tasting Hall event set to kick things off (with more than 4,000 in attendance). Sample spirits and specialty liqueurs while you nosh on gourmet foods during this week-long festival. It all takes over the PNE (with satellite events throughout Vancouver). 2901 East Hastings St. For more info visit hopscotch festival.com.

FUSE at the VAG

Returning to the VAG this Friday night is this popular art-infused party that offers the perfect mix of culture, creativity and cocktails. Take in the latest works by noteworthy artists, such as the Ian Wallace exhibit that recently went up. Enjoy live music, entertainment, DJs and more at this stand-out event. 750 Hornby St. For more info visit vanartgallery.bc.ca/events_and_programs/fuse.html.

Coming up: After School Special: Group Exhibition

Mark your calendar and be sure to head down to check out pieces courtesy of Vancouver's up and coming cultural trailblazers. This free, special showcase sheds light on the works of more than 10 emerging creatives from various disciplines, including design, illustration, fine art, photography and more. Takes place Nov. 15 at 220-314 West Cordova St.

Comedy for a Cause

Get together with a group of friends for a guaranteed great night out in support of the Leukemia & Lymphoma Society of Canada at the Edgewater Casino, 750 Pacific Blvd. All of the proceeds from this comedic night will go toward LLSOC and feature the musings of none other than funnyman Dat Phan, winner of season one of NBC's Last Comic Standing. Tickets are $20 and available at lightthenight.ca/bc/localchapter.

Vancouver Jewish Film Festival 2012

As one of the longest running Jewish film festivals in Canada, the 24th Annual VJFF is worth checking out (on until Nov. 15). With 30 different documentaries, dramas, comedies and shorts set to be screened, it appeals to all cinematic interests. For a complete look at screenings, visit vjff.org (they even have a special promotion for those theatre-goers under 30). The Ridge Theatre, 3131 Arbutus St.

MLS

Whitecaps part ways with trio

The Vancouver Whitecaps parted ways with three players Thursday, the club announced.

The club will not exercise the contract options of goalkeeper Brian Sylvestre, midfielder Tiago Ulisses and striker Etienne Barbara.

Sylvestre, 19, was the number 3 goalie behind Joe Cannon and Brad Knighton, while the 23-year-old Ulisses has his tenure with the Whitecaps end after barely more than three months.

Barbara, 30, had his rights acquired by the Whitecaps in a deal with the Montreal Impact in January and appeared in only two regular season matches for a total of 13 combined minutes.

CAM TUCKER/METRO

CFL

Lions' Valli hopeful for West final

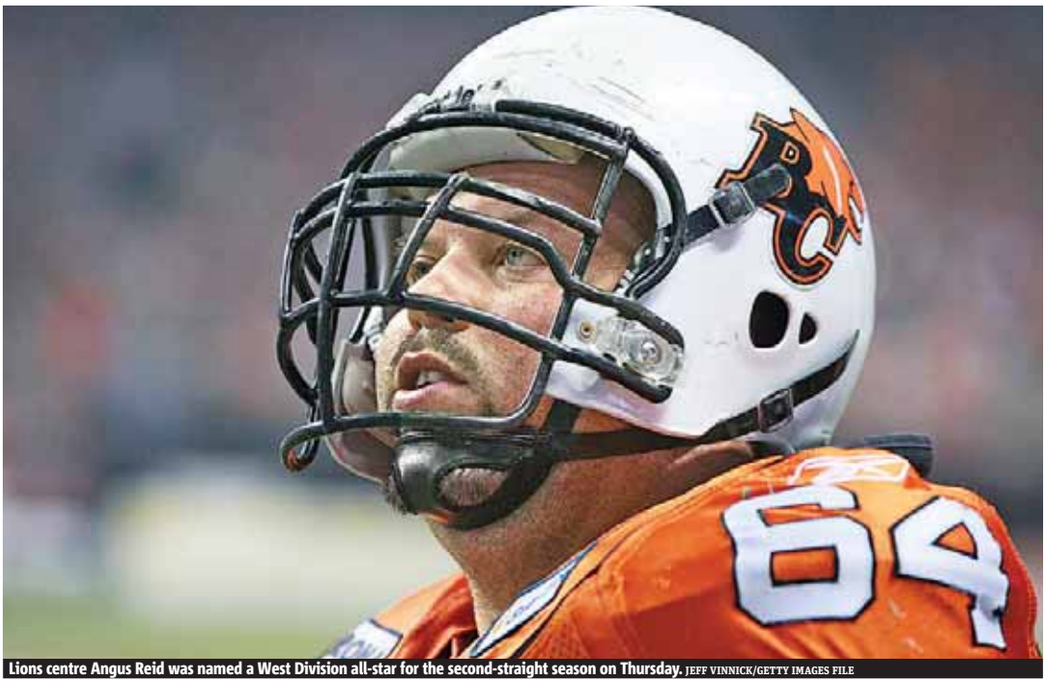
B.C. Lions offensive lineman Dean Valli will not have to undergo surgery after an MRI earlier this week revealed the knee injury that caused him to leave Saturday's game is a bone bruise.

Valli, the Lions' right guard and a seven-year CFL veteran, hobbled off the field with the aid of teammates after injuring his knee in the first quarter of Saturday's 17-6 win over the Saskatchewan Roughriders. He remains hopeful to play in the West Division final on Nov. 18.

"I am feeling good about my chances just strictly based on the improvement that I've experienced since Monday," Valli told reporters following Thursday's practice at BC Place Stadium.

"I couldn't walk on Monday. It wasn't doing much today but at least I was out here moving around, so it's definitely going in the right direction."

CAM TUCKER/METRO



Lions centre Angus Reid was named a West Division all-star for the second-straight season on Thursday. JEFF VINNICK/GETTY IMAGES FILE

Reid takes centre stage for Lions

CFL. Centre picks up 2nd consecutive division all-star honour — and it almost never happened

CAM TUCKER
cam.tucker@metronews.ca

It wasn't long ago Angus Reid was once preparing himself for retirement, for life away from playing football.

On Thursday, the B.C. Lions 36-year-old centre was named a CFL West Division all-star for the second consecutive season, and third time in his 12-year career.

"It's not always up to you and heading into the 2010 season, (general manager Wally Buono) expressed they were maybe looking to move forward in my position," said Reid after Thursday's practice.

"You always have to be prepared that it's over in this line of work. You have to appreciate every opportunity you get to play this game and you never know. In 2010 I was preparing myself for the possibility that maybe it was done."

Right now, Reid seems far from done.

He's still the backbone of the Lions' offensive line that tied the Montreal Alouettes for the least amount of sacks given up and had Ben Archibald and Jovan Olafioye also dubbed West Division all-stars.

"When you're going through the game, it's always a young man's game, you're always looking to improve and move on," said head coach Mike Benevides.

"He took some bumps in the road in terms of injury and it was time to take a look at the next man. Now what he's proven to me ... is he is a guy who is extremely intelligent, loves the game, is durable, is tough as nails. You can't find a better pro or a better teammate than Angus Reid."

The Lions' offensive line has experienced a number of injuries this season, but having Reid snap the ball to Travis Lulay on a consistent basis has helped the quarterback run an effective offence.

"He's stayed healthy all year long and he is ... very much the leader of that group," said Lulay.

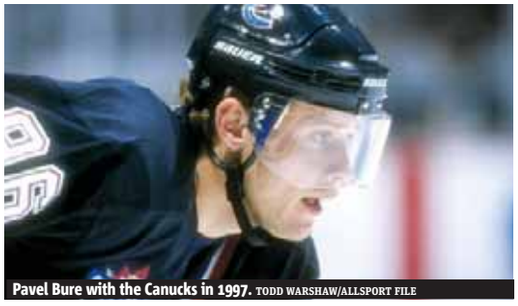
All-star roundup

The B.C. Lions and Montreal Alouettes led all CFL clubs with 10 players from each squad named to their respective division all-star team.

- Travis Lulay took the honour at quarterback for the West Division while Montreal's Anthony Calvillo picked up the QB nod in the East.
- The Stampeders were next in the West with eight selections, followed by the Eskimos with six and the Saskatchewan Roughriders with three.

THE CANADIAN PRESS

NHL. Russian Bure set to rocket into Hockey Hall of Fame



Pavel Bure with the Canucks in 1997. TODD WARSHAW/ALLSPORT FILE

He was exceptionally fast and skilled, and had the flair to match. He was the first true superstar the Vancouver Canucks ever possessed.

Pavel Bure, the Russian Rocket, perhaps one of the most polarizing figures in Vancouver's hockey landscape, will be inducted into the Hockey Hall of Fame Monday, becoming the first Canucks player ever to so.

A sixth-round pick, 113th overall, of the Canucks in the 1989 NHL Entry Draft, Bure played seven seasons in Vancouver, totalling 254 regular-season goals over that time.

Originally from Moscow in the former Soviet Union, Bure scored many memorable goals as a Canuck, but perhaps none more so than in double overtime of Game 7 against the Calgary Flames that spurred Vancouver on an unforgettable run to the 1994 Stanley Cup final.

He had back-to-back 60-goal seasons for Vancouver, in 1992-93 and 1993-94.

He was traded to the Florida Panthers in 1999, and went on to hit the 50-goal plateau twice more before the end of his playing career in 2003.

One-time Canuck Mats Sundin, who played 1,346 regular-season games in the NHL, including 41 with the Canucks in 2009, will also be inducted, as will Burnaby's Joe Sakic. CAM TUCKER/METRO

Breaking down semifinal Sunday

CFL EXTRA POINTS
Dan Toth
vancouver@metronews.ca

The Eskimos travel to Toronto and the Roughriders visit the Stampeders as the CFL's second season gets underway this weekend.

Photos by The Canadian Press/Torstar News Service

East semifinal

Edmonton (7-11) at Toronto (9-9), Sunday, 10 a.m. (TSN)

Backroom intrigue is the last thing the Edmonton Eskimos need right now, but they stirred it up with the firing of GM Eric Tillman earlier this week.

Rumours persist that Tillman is now destined for Toronto and a similar role with the Argos, triggering all kinds of denials from Hogtown, where Tillman traded Esks star quarterback Ricky Ray last off-season. The swap not only created controversy in Edmonton, but a huge credibility gap for the league should Tillman be reunited with Ray in T.O.

Since the crossover format's introduction in 1996, it is just the seventh time a team has headed to the other division for a CFL semifinal, and history is not on Edmonton's side. Only B.C. in 2009 advanced to the East Division final.

This Sunday's semifinal favours the Argos for Ray's presence at the helm, and also for East Division most outstanding player candidate Chad Owens, who will likely make an impact on special teams and offence.

To succeed, Edmonton will need a dominant performance from Fred Stamps, who recovered from an early season slump to finish second among CFL receivers.

Season series: The Esks beat the Argos both times the teams met in 2012, but much has changed since those encounters. Not only has Ray returned to all-star form, Edmonton's muddled QB situation has left everyone second-guessing whether they should start veteran Kerry Joseph or youngster Matt Nichols. Steven Jyles, acquired in the Ray swap, is an afterthought.

Pick: Toronto by 5

West semifinal

Saskatchewan (8-10) at Calgary (12-6), Sunday, 1:30 p.m. (TSN)

The Calgary Stampeders are the CFL's hottest team, but you can't help think they get a chill when pondering Sunday's opponent. Despite a four-game win streak, history suggests almost anything can happen when the Roughriders visit McMahon Stadium.

Since winning the 2008 Grey Cup, Calgary has lost two West finals to Saskatchewan and was thumped 33-19 in the West semifinal last fall in Edmonton. The Stamps have suffered playoff losses in each of their last four post-season encounters with the Riders, dating back to 2007.

Additionally, Saskatchewan minimizes Calgary's home-field advantage more than any other team as thousands of Riders fans are expected to turn up at McMahon Stadium, as usual.

The Riders locked down practice early this week, leaving media miffed and conspiracy theorists suggesting the coaching staff has cooked up something special to upset the Stamps.

The biggest shock may have come days before the opening kickoff, when the Stamps chose Drew Tate as their starting quarterback ahead of Kevin Glenn, who led the team most of the year as Tate rehabbed a shoulder injury.

Season series: The Roughriders and Stampeders met three times, with Calgary taking two of three games. The Stamps won the first two, highlighted by a stunning comeback overtime win in Week 4 that handed the Riders their first loss of the year. However, the Riders claimed the final regular-season encounter. **Pick: Calgary by 2.**

McIlroy takes Singapore

Rory McIlroy hits the ball on the fairway of the 13th hole during the second round of the Singapore Open golf tournament at Sentosa Golf Club on Friday. WONG MAYE-E/THE ASSOCIATED PRESS

NHL negotiations alive in New York

Lockout. Bettman says 'still a lot of work to do' after fourth straight day of talks

The NHL and NHL Players' Association appear to be inching slowly toward a deal to salvage the hockey season.

But they still have plenty of ground to cover.

With collective-bargaining talks reaching a critical point, the sides have quietly exchanged new proposals and are committed to picking up talks again on Friday. It will be the fourth straight day they've sat across from one another during an intense week of bargaining.

Little is known about exactly where talks stand.

Sources told The Canadian Press that the NHL responded to a pair of union proposals on Thursday and one suggested it was a good sign the sides still planned to keep negotiating. On Wednesday night, the NHLPA tabled new offers regarding revenue sharing and the league's "make whole" provision, with the union suggesting a system where the players' share in revenue reaches 50-50 in the third year of the deal.

That still amounts to a major financial concession — as much as $1 billion over the course of the deal — from the current split of 57-43 in favour of the players.

As a result, the NHLPA is asking for an improved revenue-sharing system and isn't eager to see changes made to rules governing contracts, many of which were won in the last round of negotiations.

Bettman and Donald Fehr, the NHLPA's executive director, were extremely careful not to reveal much about discussions after meeting for more than five hours on Thursday.

A worker paints red hash marks at the Tampa Bay Times Forum in Tampa, Fla., this fall. THE CANADIAN PRESS/THE ASSOCIATED PRESS FILE

Location uncovered

Reporters managed to uncover the "undisclosed" location where the talks are being held.

- The sides have been meeting at the midtown Manhattan offices of Proskauer Rose, the law firm where NHL lead counsel Bob Batterman works, and across the street from the building where the 2004-05 CBA was hammered out.

"I'm not going to characterize (the talks) except to say, as I have before, that it's always better when you're meeting than when you're not," Fehr said.

With all regular-season games cancelled through Nov. 30, negotiations have reached a critical and delicate stage. Ten days will be needed from the time an agreement is struck until the season starts and there is still hope among the parties that a shortened schedule could begin by Dec. 1.

THE ASSOCIATED PRESS

Heat players, from left, Chris Bosh, LeBron James, Ray Allen and Dwyane Wade enjoy a laugh during a pre-season game against the Hawks on Oct. 7 in Atlanta. KEVIN C. COX/GETTY IMAGES FILE

How hockey assists are helping turn up the Heat

Roundball revolution.
Canada's pastime has helped rev up offence of defending champs

There's nary a pair of skates visible in the Miami Heat locker-room, no bucket of pucks in the practice facility and no Zamboni following the team around, either.

Still, there's at least one hockey principle that's in the mind of the reigning NBA champions so far this season.

With emphasis on ball movement, the Heat are currently into what's known as "hockey assists" — essentially, the pass that sets up the pass that sets up the score.

In hockey, it's typical for two players to be credited with having passes to set up a goal, and while it's hardly an NBA statistic, Heat coach Erik Spoelstra is working it into his team's repertoire as well.

"If anything, it's a compliment to the game of hockey," Heat centre Joel Anthony said. "We're recognizing the different types of ways they reward players for making the extra pass. Hockey acknowledges it a lot more. There's no stat for it in basketball but we still acknowledge that."

Anthony would seem to be the resident Miami expert in this field.

After all, he's the Heat player who hails from Canada's hockey epicentre of Montreal.

"That extra pass, it means a lot for us," Anthony said.

Miami's ball movement this season is beyond statistically impressive. In their four wins so far, the Heat have 109 assists against only 43 turnovers. Even with their lone loss taken into account, the Heat assist-to-turnover ratio of 1.98-to-1 leads the NBA entering Thursday's games.

As a team, Miami reached the 25-assist mark only 12 times in 66 regular-season games last season; this year, the Heat have gotten there four times in five games.

"It's all about getting somebody the better shot," Wade said.

Take Wednesday's 103-73 win over Brooklyn as an example. LeBron James finished the game with 20 points, 12 rebounds and eight assists in only 30 minutes, getting the fourth quarter off. A triple-double was easily within reach, though with the game in hand, there was no need for the NBA's MVP to play in the final period.

While hockey assists might be one of the go-to terms for the Heat these days, it's not a new concept.

James said he began thinking about the parallel between hockey assists and smart basketball passing in high school. Chris Bosh credits Paul Hewitt — his college coach at Georgia Tech — with introducing him to the concept. Dwyane Wade had similar sentiments, saying it was a term that Tom Crean used when he was in college at Marquette. THE ASSOCIATED PRESS

Quoted

"Making the pass to the guy who makes the pass is just as valuable."

Miami Heat forward Chris Bosh talks about how his team values the concept of the second assist.

Colts ride Luck to victory

The Indianapolis Colts became the latest team to hammer the Jacksonville Jaguars at home, winning 27-10 on Thursday night behind two rushing touchdowns from rookie quarterback Andrew Luck.

Darius Butler returned an interception for a score as the Colts (6-3) won their fourth consecutive game and snapped a three-game losing streak in the series. The Jaguars (1-8) have lost six straight.

The Colts had cause for concern following an emotional victory four days earlier, one in which cancer-stricken coach Chuck Pagano delivered a passionate, postgame speech in the locker-room. Interim coach Bruce Arians was worried the team might crash from the emotional high.

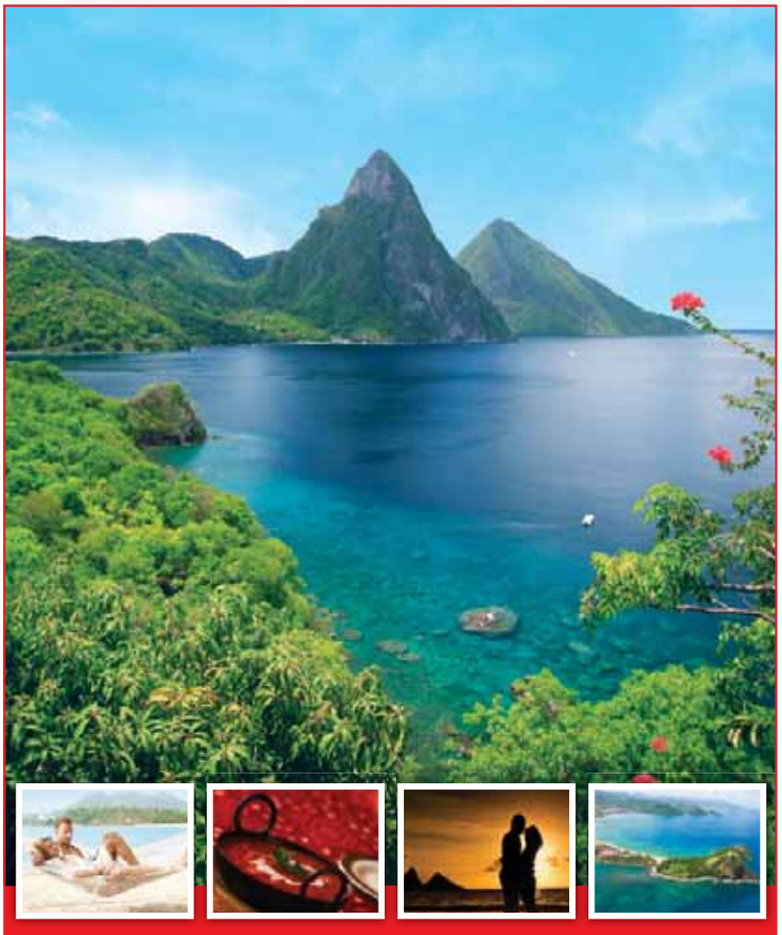
Colts QB Andrew Luck celebrates his touchdown run against the Jaguars, Thursday, in Jacksonville, Fla. THE ASSOCIATED PRESS

Not even close.

Indianapolis scored on three consecutive possessions in the first half, opening a 17-0 lead that started emptying the stands at EverBank Field.

Luck, coming off an NFL rookie record 433 yards passing against Miami, wasn't quite as sharp.

But he was unstoppable near the end zone, deking defenders with two pump fakes and scrambling for a five-yard score on one drive and then plunging across the goal line on fourth down on the next possession. THE ASSOCIATED PRESS



Winter's almost here and it's time to come up with an escape plan.

YOU COULD WIN
a trip for two to escape to Saint Lucia!

There are 2 prizes available to be won and consist of:

- Airfare for 2 to Saint Lucia via Air Canada Vacations
- Seven-night all-inclusive stay at the Morgan Bay Beach Resort, an Elite Island Resort

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Horoscopes

Aries
March 21 - April 20
Get help from someone who is more worldly-wise than you are. You may think you can get things done alone but life will be easier if you have someone to handle negotiations and read the small print that you tend to ignore.

Taurus
April 21 - May 21
Do what you feel is right and ignore those who disagree with you. You tend to do that anyway, but today there really is no time for discussion. Follow your muse wherever it chooses to lead you.

Gemini
May 22 - June 21
The right things seem to be happening at just the right time and today's Venus-Jupiter link will certainly bring good news concerning a partnership or relationship. One-to-one relationships are under excellent stars.

Cancer
June 22 - July 23
You have never been one to put dollars and cents above other things but over the next few days you must focus more on your financial situation. Could you be earning more? Yes. Should you be spending less. Double yes.

Leo
July 24 - Aug. 23
Your heart will rule your head today and that will lead to some seriously fun times. Friendships and social activities must come first, at least for a while. Contacts you make now will bring long-term benefits.

Virgo
Aug. 24 - Sept. 23
There are times when it all seems to come together, and this is one of them. Both at home and at work, things will fall into place with no input from you, and that's nice. All you have to do is enjoy them.

Libra
Sept. 24 - Oct. 23
This is potentially one of the best days of the year as your ruler Venus, currently in your sign, links with luck planet Jupiter. Make a wish and expect it to come true, because it most likely will. Go on, ask for something outrageous.

Scorpio
Oct. 24 - Nov. 22
It's time to get serious about your aims and ambitions. Something you visualize over the next few days is potentially more than just an idle daydream. Handled the right way, it could be your future – and that future is bright.

Sagittarius
Nov. 23 - Dec. 21
You may be tempted to say what you think people want to hear but that would be a mistake. The planets urge you to be honest, even if it means hurting a loved one's feelings. They'll thank you for it one day.

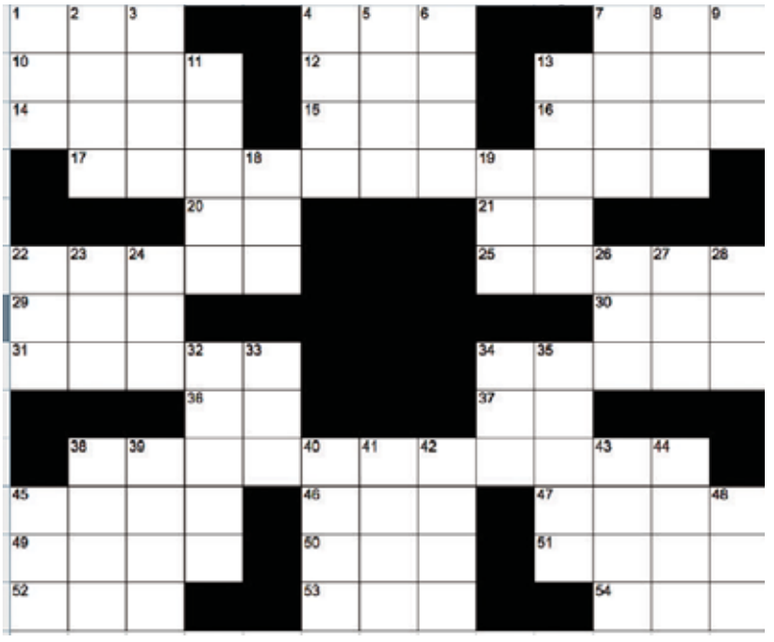
Capricorn
Dec. 22 - Jan. 20
Go out of your way to be nice, even if people are not nice to you. Someone in a position of authority thinks you are ready for bigger and better things, and if your manner is positive, a promotion is likely.

Aquarius
Jan. 21 - Feb. 19
You may or may not be on the move over the next few days but even if you stay close to home, you will certainly be looking at the world in a different way. You have never been one to follow the herd.

Pisces
Feb. 20 - March 20
Today's Venus-Jupiter link will emphasize the generous side of your nature, which is rarely far from the surface. Do what you can for people in need but don't bankrupt yourself in the process — that won't help them or you. SALLY BROMPTON

Canadian Crossword

BY BETTY MARTIN



Across
1. Spanish cheer
4. Sandra Bullock drama with 'The"
7. Sudbury prov.
10. The — Ones
12. Eggs
13. East Indian nanny
14. Survivor locale
15. Apiece
16. "Auntie —"
17. Fever
20. Bible pt.
21. Whose Line – It Anyway?
22. Actress Davis
25. Trades
29. — We There Yet?
30 Consume
31. Magnate
34. Say yes to the —
36. Noble
37. Over achiever (abbr.)
38. In a minute (3 words)
45. Burn plant
46. Wheel of Fortune purchase (2 words)
47. Folk —
49 Aroma
50. O.J. Simpson judge
51. Mix
52. The — Patrol
53. Computer key
54. Eye

Down
1. Sash
2. Drama starring Matthew Fox
3. Fashion magazine
4. Negative (sl.)
5. Always
6. "Gone with the Wind" plantation
7. Actor Sharif
8. — that Tune
9. — Young and the Restless
11. Devil
13. Humor
18. Parent/teacher assoc.
19. – the season
22. Chatter
23. Time frame
24. Ever (poet.)
26. Actor J. Cobb
27. — Vegas, Nevada
28. Road crossers
32. Fun loving mammal
33. Born
34. Homer Simpson exclamation
35. Transport offerings
38. M*A*S*H actor
39. Covered by a sock
40. Police activity
41. Raise the stake
42. Ewe covering
43. Bunches
44. Lake bordering Ontario
45. Agency of Record (abbr.)
48. Sooner than, poet.

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	8	1	3	9			2	4
		6						
3	4		8			9		
	9			8		2		
		5		6			1	
		4			2		9	5
						7		
8	2			7	5	6	3	

Yesterday's Sudoku

Today 8°/1° Mainly sunny
Saturday 6°/3° Sunny
Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2012

French classes
Nov. 14 - Jan. 15
Our session is open for new registration. Improve your skills; it's fast and efficient. Join the best French school in Vancouver!
Let's French!

Why french?
Nov. 14 - Jan. 15
- Speaking french is sexy
- It looks impressive on a resume.
- French is an official language in Canada.
- To be able to know more than *"où sont les toilettes svp ?"*

Puzzle

Circle the five french words

baguette, foto, football, bus, music, musik, chocolat, téléphone, telephone, radio, fashion

Sign up for French classes to find the answers!

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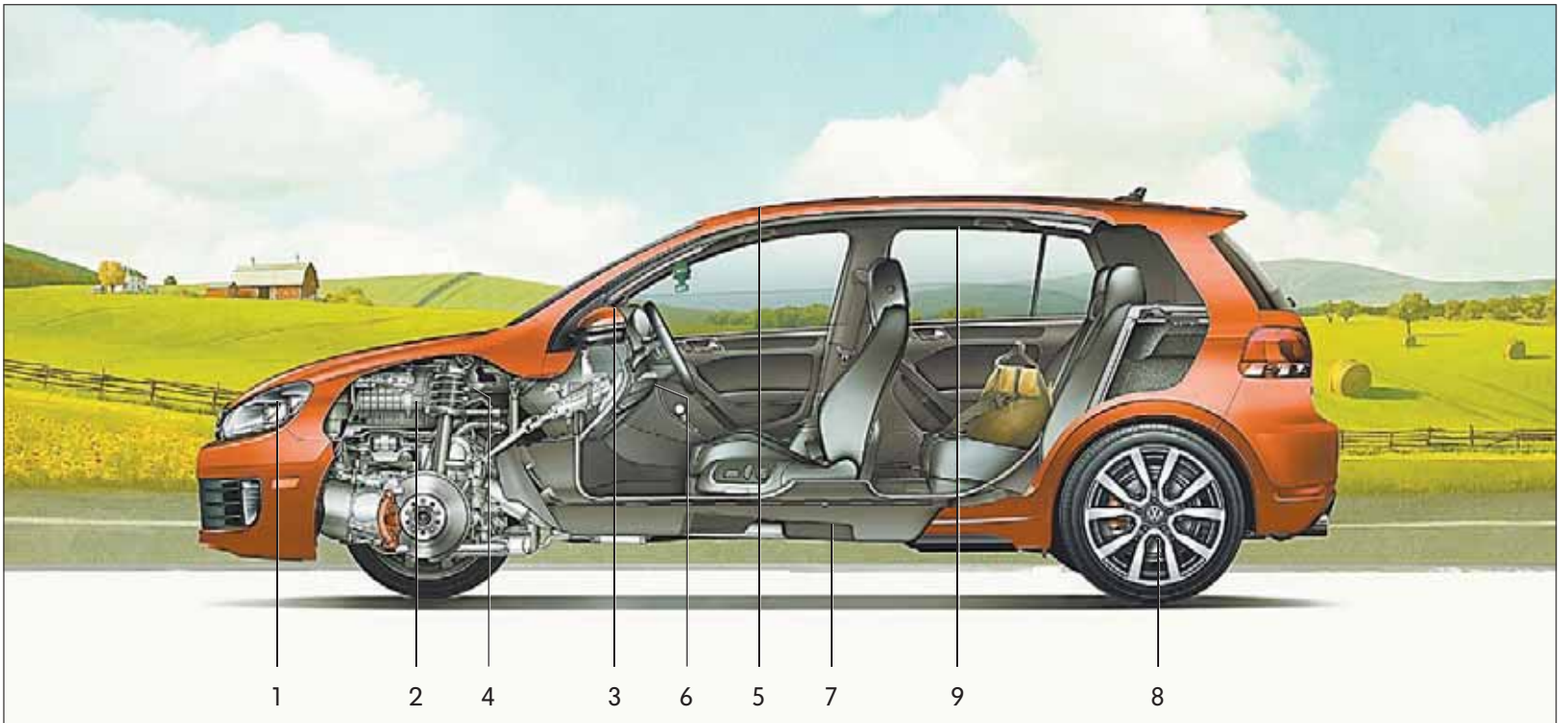
«Croire au soleil quand tombe l'eau.» Louis Aragon



THE GOLF GTI

We've hidden the missing parts in today's paper. Can you find them all?

1 – Bi-Xenon headlights with AFS

2 – 2.0 TSI 200-horsepower engine

3 – _____

4 – _____

5 – Available power sunroof

6 – _____

7 – _____

8 – 18" alloy wheels

9 – _____

Discover all the little things that make a Volkswagen a Volkswagen – and personalize your own ride – at **vw.ca/thedrive**.

Das Auto.

Answers: **3** – Mirror top edge, **4** – Yaw Rate Sensor, **6** – LEDs, **7** – Underbody shield, **9** – Felt door seal

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V	O	L	K	S	W	A	G	E	N	J	O	P	S	E	Y
S	N	A	U	G	I	T	E	U	R	O	P	E	A	N	A
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F	A	W	U	Z	E	B	M	U	K	Q	I	V	E	E	R
E	U	Y	I	C	L	E	A	N	D	I	E	S	E	L	A
T	T	T	S	P	M	O	N	G	H	E	X	P	T	I	T
Y	O	O	T	X	E	C	I	N	V	J	E	A	L	A	E
G	D	U	H	M	I	R	W	I	X	O	L	S	E	B	S
R	E	A	G	K	O	W	S	R	P	A	B	S	S	L	E
U	F	R	I	G	E	R	T	E	J	T	A	A	X	E	N
B	O	E	L	B	A	D	N	E	P	E	D	T	F	Y	S
S	G	G	D	B	U	V	T	N	G	O	R	L	N	N	O
F	G	H	E	M	E	T	P	I	Z	W	O	U	L	M	R
L	I	F	L	Y	A	W	T	G	W	G	F	E	X	K	O
O	N	E	X	C	I	T	I	N	G	O	F	P	I	Y	T
W	G	E	N	R	E	D	A	E	L	B	A	U	L	A	V

1. VOLKSWAGEN
2. WOLFSBURG
3. GERMAN
4. ENGINEERING
5. AFFORDABLE
6. YAW RATE SENSOR
7. LED LIGHTS
8. TOUAREG
9. PASSAT
10. JETTA
11. GOLF
12. TIGUAN
13. BEETLE
14. CLEAN DIESEL
15. UNDERBODY
16. AUTO DEFOGGING
17. WIPERS
18. DEPENDABLE
19. EUROPEAN
20. FUN
21. EXCITING
22. LEADER
23. RELIABLE
24. SAFETY
25. VALUABLE

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Airfares

Las Vegas
from **$189***

Los Angeles	from $339
San Diego	from $399
Calgary Christmas	from $439
Phoenix	from $447
New York	from $470
Toronto	from $586
Denver Christmas	from $644
Costa Rica	from $790
Hong Kong	from $899
Lima	from $991
Manila	from $999
Auckland	from $1259
Dubai	from $1299
Sydney	from $1349
London Christmas	from $1527

Short Breaks

Tofino
Storm Watching, 2 Nights
from **$184** pp
INCLUDES accom at Mackenzie Beach near the Village of Tofino.

Harrison Hot Springs
2 Nights — from $119 pp
INCLUDES accom near Harrison Lake.
UPGRADE to 4-star accom from $16 per night.

Seattle Black Friday Shopping
2 Nights — from $149 pp
INCLUDES downtown accom near shopping.

Whistler New Year's Eve
2 Nights — from $395 pp
INCLUDES Village accom over New Year's Eve.

Ski Vacations

Whistler
Christmas Weekend, 2 Nights
from **$299** pp
INCLUDES self contained Village accom the weekend before Christmas. **ADD** 3-day Whistler/Blackcomb lift ticket from $237.

Silver Star
2 Nights + Lift Ticket — from $199 pp
INCLUDES accom in the heart of Silver Star and 1-day lift ticket.

Big White
3 Nights + Lift Tickets — from $345 pp
INCLUDES accom steps from ski lifts and 3-day lift ticket.

Sun Peaks
4 Nights + Lift Tickets — from $375 pp
INCLUDES accom in the heart of the village and 3-day lift ticket.

Cruise & Stay

Hawaii
Air + 2 Nights + 13-Night Cruise
from **$1789**
INCLUDES airfare, accom near Waikiki Beach and cruise sailing Honolulu to Vancouver visiting Kauai, Maui and the Big Island. **UPGRADE** to 4-star accom and an oceanview stateroom from $16 per night.

Las Vegas

Las Vegas
Air + 3 Nights
from **$341**
INCLUDES 3-star accom on the Strip.

3.5-Star	from $363
4-Star	from $374
4.5-Star	from $417
5-Star	from $472

Hawaii

Honolulu Air + 7 Nights
from **$879**
INCLUDES accom near Waikiki Beach.

Maui Air + 7 Nights — from $1086
INCLUDES Kihei accom near the beach.

Hawaii Island Hopper
Air + 7 Nights — from $1239
INCLUDES all airfare, 3 nights Maui accom and 4 nights Waikiki accom.

USA

Phoenix Air + 3 Nights
from **$441**
INCLUDES 1-bedroom self-contained accom only 3 blocks from Old Town Scottsdale.

Anaheim Family Special
Air + 3 Nights — from $287◊
INCLUDES accom near theme parks. Price per person based on family of 4. **ADD** *Disneyland* Resort 3-Day *1-Park Per Day* Ticket from $211/adult, $197/child (ages 3-9).

Palm Springs
Air + 3 Nights 4-Star — from $377
INCLUDES Palm Desert accom near attractions.

San Francisco Air + 3 Nights — from $579
INCLUDES Fisherman's Wharf area accom.

New Orleans Air + 4 Nights — from $824
INCLUDES downtown accom. **UPGRADE** to 4-star French Quarter accom from $14 per night.

Florida Keys
Air + 7 Nights + Car — from $1029
INCLUDES Key Largo accom and a 7-day car rental.

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Varadero 7 Nights 4-Star	from $924
Punta Cana 7 Nights 5-Star	from $1045
Riviera Maya 7 Nights 5-Star	from $1099
Panama 7 Nights 4-Star	from $1362

Long Stay Vacation

Australia Air + 21 Nights
from **$3399**
INCLUDES apartment-style accom near Sydney's famous Bondi Beach. **ADD** 5-in-1 Attraction Pack from $144.

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